



Laois Marlins Swimming Club

LAOIS SWIMMING CLUB – XMAS FUN GALA – DEC 10th 2022

Meet Licence No: TBC

Chairperson: Mary Kavanagh

Leinster Officials: Ross Moore (Referee) & Anna Hayes (Starter/Stroke)

2nd Nov 2022

Dear Secretary,

I am pleased to enclose details of our upcoming Xmas Fun Gala which will be held this year on Saturday 10th December at the Portlaoise Leisure Centre, Portlaoise, Co. Laois.

In order to provide a safe environment and in compliance with Covid best practise we will be changing the format for the gala this year. In essence we will have 2 sessions – session 1 will be for swimmers aged 10 & under and session 2 will be for swimmers aged 11-14. As there will be fewer 10 & under we hope to run all of session 1 and the first 4 events of session 2 before the break and the remainder of session 2 after the break. Swimmers who are only competing in the 2nd part of session 2 will be able to warm-up during the break, all others will warm up before the beginning of session 1.

We hope the above format will suit younger swimmers who can do their events in relatively quick succession, without getting cold waiting around and make the day as short and easy as possible for new swimmers and their nervous parents 😊

A Swim Ireland Registration Number must be included for all swimmers. If you have any queries we would be glad to take them by phone or email. As per SI guidelines the minimum age for entry into the gala is for swimmers aged 7 as at 31.12.2022, in addition a local maximum age restriction of 14 as at 31.12.2022 will also apply. Diving blocks will be positioned at the deep end of the pool. Stop watch- timing will be in use. A copy of all your swimmer's times/results will also be made available to clubs at the conclusion of the gala. Results will also be posted on the Leinster Swimming website. **Finally we will be applying a 4 event limit for all swimmers regardless of age.**

Please note that this is a level 1 fun gala hence times achieved will not count for any Level 3 or higher competition, but will be sent to all visiting coaches for the clubs own records.

We look forward to welcoming your club swimmers to Portlaoise in December.

Yours Sincerely

Judith O'Connor
Gala Secretary LMSC

LAOIS SWIMMING CLUB

XMAS FUN GALA

VENUE: PORTLAOISE LEISURE CENTRE, PORTLAOISE, CO. LAOIS

DATE: **SATURDAY 10th December**

TIMES SESSION 1: WARM-UP 11:30 START 12:15*

TIMES SESSION 2: WARM-UP 13:00 START 14:00*

*Warm up and start times are subject to change.

SCRATCHES: THURS 8th December 19:00

ORDER OF EVENTS: AS PER ATTACHED LIST.

ENTRY FEES: €6.00 PER INDIVIDUAL EVENT (CAP OF 4 events per swimmer)

CHEQUES PAYABLE TO **“LAOIS MARLINS SWIM CLUB”**

TIMING: STOP WATCH TIMING WILL BE USED FOR THIS GALA.

AGE GROUPS: Session 1 – All 50s (7-8, 9-10) 100 Free/IM (7-10)
Session 2 – 50 Free, Fly, Breast, 100 Free, Back, Breast, IM
(there is no 100 Fly or no 50 back in session 2)

- HEATS WILL BE SEADED ON TIMES NOT AGE
- AGE AS AT 31.12.2022 as per SI Guidelines
- PRIZES: MEDALS WILL BE AWARED TO TOP 3 SWIMMERS IN EACH AGE GROUP.
- AGE GROUPS: 7-8, 9-10, 11-12, 13-14.
- HEATS WILL BE H.D.W. WITH RESULTS PRESENTED IN AGE GROUPS
- ENTRY SHEETS: IF YOU ARE USING TEAM MANAGER PLEASE EXPORT ENTRY FILES IN HY-TEK AND PDF FORMATS.
- ENTRY DEADLINE: SATURDAY 3rd December 18:00

ENTRIES TO: Judith O'Connor (EMAIL ONLY)

TEL: 087 204 1298

EMAIL: GALAS@LAOISMARLINS.IE

FEE PAYMENT DEADLINE: WEDNESDAY 7th December

FEES TO: IBAN IE68IPBS99072215619324

Bank: PTSB Portlaoise

EMAIL: treasurer@Laoismarlins.ie

Any points not covered by the above will be at the discretion of the Gala Organisers



Laois Marlins Swimming Club

www.laoismarlins.ie

LIST OF EVENTS

SESSION 1

- EVENT 1: GIRLS 50m Freestyle (10 & Under)
- EVENT 2: BOYS 50m Freestyle (10 & Under)
- EVENT 3: GIRLS 50m Breaststroke (10 & Under)
- EVENT 4: BOYS 50m Breaststroke (10 & Under)
- EVENT 5: MIXED 100m Medley (10 & Under)
- EVENT 6: GIRLS 50m Backstroke (10 & Under)
- EVENT 7: BOYS 50m Backstroke (10 & Under)
- EVENT 8: GIRLS 50m Fly (10 & Under)
- EVENT 9: BOYS 50m Fly (10 & Under)
- EVENT 10: MIXED 100m Freestyle (10 & Under)

SESSION 2

- EVENT 11: GIRLS 100m Freestyle (Age 11-14)
- EVENT 12: BOYS 100m Freestyle (Age 11-14)
- EVENT 13: GIRLS 50m Fly (Age 11-14)
- EVENT 14: BOYS 50m Fly (Age 11-14)

(BREAK FOR 50 Mins – swimmers swimming in events 15-23 can warm up)

- EVENT 15: GIRLS 100m Breaststroke (Age 11-14)
- EVENT 16: BOYS 100m Breaststroke (Age 11-14)
- EVENT 17: GIRLS 50m Free (Age 11-14)
- EVENT 18: BOYS 50m Free (Age 11-14)
- EVENT 19: GIRLS 100m Backstroke (Age 11-14)
- EVENT 20: BOYS 100m Backstroke (Age 11-14)
- EVENT 21: GIRLS 50m Breaststroke (Age 11-14)
- EVENT 22: BOYS 50m Breaststroke (Age 11-14)
- EVENT 23: MIXED 100m Medley (Age 11-14)