



3rd May 2022

Dear Club Secretary,

We are delighted to extend an invitation to your Club for our Level 2 Long Course Gala which will take place in the National Aquatic Centre on Sunday 5th June 2022.

We are aiming this competition at less experienced swimmers who have not qualified for Summer Meets but would like an opportunity to swim a LC competition in the NAC. As this is a Level 2 competition times achieved may not be used to qualify for Summer National meets.

If you do not intend sending a team to this event it would be appreciated if you could let us know ahead of the closing date which will be the 22nd of May 2022.

The paperwork and Hy-tek files for electronic entries are attached. Should you have any questions please contact us at homegalasecretary@nacswimclub.com

Looking forward to seeing you on the day!

Yours in swimming

Aveen Colvin
Home Gala Secretary NAC Swim Club
Homegalasecretary@nacswimclub.com



Invitational LC Gala 5th June 2022

Meet License L2/LC

MEET INFORMATION

VENUE: National Aquatic Centre – Abbotstown, Blanchardstown, Dublin 15

FACILITIES: 10 Lane 25m Competition Pool /No cool down facilities available
2000 Spectator Accommodation

DATE: Sunday 5th June 2022

SESSIONS: Session 1 - Warm Up 7.45am Start 9.00am
Session 2 - Warm up 1.15pm Start 2.30pm

AGE GROUP 10 & Under, 11/12, 13/14, 15/16, 17&Over
Relay Age Group 12 & Under, 13/14, 15& Over

EVENTS 50m, 100m, 200m Back, Breast, Fly & Free
200IM, 200 Free Relay, 200Medley Relay.

CLOSING DATE: **Latest date for receipt of entries is 22nd May 2022**

Entries open to members of affiliated Swim Ireland Clubs, a current SI registration number must be included with all entries



ALL EVENTS WILL BE Heat Declared Winners

Events will be seeded based on times submitted and medals will be awarded to 1st, 2nd and 3rd in each of the stated age groups.

ENTRY TIMES: Where no entry times (NT) have been submitted, swimmers will be placed in the first heats of the particular Event.

AGE GROUPS: Age as 31/12/2022 determines your age group for this meet.

ENTRY FEES: €8.00 for each individual event entered and €20 for Relay Teams.
Payment is due by 12th June 2022.

Payment By Bank Transfer to **NAC Swim Club, Ulster Bank Lucan**
ULSBIE2D IE20ULSB98604033284060

Cheque payable to NAC Swim Club
Posted to - 1 Hollybrook, Robinstown, Navan. Co Meath C15 F8F5

SCRATCHES: **Scratches received before midnight on 2nd June will not charged. Payment will be due for any scratches received after that date.**

ENTRY ADDRESS: **Entries by Hy-tec only to homegalasecretary@nacswimclub.com by 22nd May 2022**

QUERIES: By email to homegalasecretary@nacswimclub.com

The Organisers of the Event reserve the right to limit entries.

DATA PROTECTION:

NAC Swim Club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on computer. Personal data such as name, age, club, entered/achieved times may be made public prior to, during or after the meet (e.g. programs, results, Meet Mobile, etc). ➤ Any points not covered by the above will be at the discretion of the Gala Organisers ➤ The decision of the Gala Organisers will be final.

NAC Swim Club Invitational Meet 5th June 2022

Session 1: Warm Up 7.45am Start 09.00am

Warm up times may be subject to change based on entry levels club's will be notified in advance

Event 1	200 Freestyle Female
Event 2	200 Freestyle Male
Event 3	100 Breaststroke Female
Event 4	100 Breaststroke Male
Event 5	50m Backstroke Female
Event 6	50m Backstroke Male
Event 7	100m Butterfly Female
Event 8	100m Butterfly Male
Event 9	50m Freestyle Female
Event 10	50m Freestyle Male
Event 11	200 Backstroke Female
Event 12	200 Backstroke Male
Event 13	200M Freestyle Relay Female
Event 14	200M Freestyle Relay Male

Session 2: Warm up 1.15pm Start 2.30pm

Event 15	200IM Male
Event 16	200IM Female
Event 17	100 Freestyle Male
Event 18	100 Freestyle Female
Event 19	50 Breaststroke Male
Event 20	50 Breaststroke Female
Event 21	100 Backstroke Male
Event 22	100 Backstroke Female
Event 23	50m Butterfly Male
Event 24	50m Butterfly Female
Event 25	200 Breaststroke Male
Event 26	200 Breaststroke Female
Event 27	200 Butterfly Male
Event 28	200 Butterfly Female
Event 29	200M Medley Relay Male
Event 30	200M Medley Relay Female