

Dear Club Secretary,

Enclosed please find entry details for the Leinster Aspiring Champions Meet 1. (Level Three). There are qualifying or consideration times in respect of this meet for the distance events only (400m and longer).

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| Venue | <i>National Aquatic Centre, Abbottstown, Dublin</i> |
| Format | <i>SHORT COURSE</i> |
| Time | <p><i>Saturday 30th October 2021</i></p> <p><u>Session 1:</u> <i>warm up 7.45am start 9.00am</i></p> <p><u>Session 2:</u> <i>warm up 2.00pm start 3.00pm</i></p> <p><i>Sunday 31st October 2021</i></p> <p><u>Session 3:</u> <i>warm up 7.45am start 9.00am</i></p> <p><u>Session 4:</u> <i>warm up 2.00pm start 3.00pm</i></p> |
| Fee | <i>€8 per Individual Event; €20 per Relay Team</i> |
| Payment | <p>Payment by Bank Transfer Name of Account: "Swim Ireland Leinster Region" IBAN: IE59AIBK93251559772204 BIC: AIBKIE2D</p> <p><i>When remitting the fees by cheque, please note the club and the name of the gala on the back. If transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer to confirm transfer at leinstertreasurer@swimireland.ie.</i></p> <p><i>As it may not be possible to accept all entries, fees due will be advised to clubs on final acceptance of entries.</i></p> |
| Eligibility | Only swimmers registered with Leinster clubs, aged 13 and above, are eligible to enter this gala. Ages are as of December 31st 2021 |
| Entries | <i>Gala Sec, Leinster Swimming. Entries, on Hy-Tek only. Entries should be emailed to leinstergalasecretary@swimireland.ie</i> |
| Entries by: | Monday October 18th 2021. |
| Rounds | <i>This Meet will be the first of two in this series. The second Meet is scheduled for March 2022 and will be in Long Course format.</i> |
| Officials | <i>Clubs must provide officials in a ratio of one official to every four swimmers (this includes the senior gala officials).</i> |
| Scratches | <i>Scratches for this gala will close at 6pm on the evening before the gala; that is 6pm on Friday October 29th 2021. Scratches to be sent via email to leinstergalasecretary@swimireland.ie</i> |

| Awards | <p>There will be no individual awards, but awards will be made on a team basis, as follows:</p> <ol style="list-style-type: none"> Top three highest scoring teams on completion of Meet 1 and Meet 2 (male and female combined) The most improved team between Meet 1 and Meet 2 (male and female combined) Separate awards will be made to Age Group (13-16yrs) and Open (13yrs and over) winners (male and female combined) Winning teams will receive a certificate to present on their club notice board. | | | | | | |
|-----------------------------|---|--------------|--|-------------------|-----------------|--------------|---------------------|
| Scoring | <ol style="list-style-type: none"> Each club will be awarded points for a maximum of two scoring results per individual event and one scoring result per relay event per age group. This rule has been set in Meet Manager, so teams do not need to nominate scoring swimmers in each event in advance. <ol style="list-style-type: none"> Individual Events – 13/14, 15/16, 17 and over Relay Events – 13-16, Open (13 and over) The top 8 individual and relay scoring places will be awarded points as follows. For example, if athletes from Club A finish 1st, 2nd, 3rd and 4th they are only awarded points for 1st and 2nd place with points for 3rd and 4th going to the athletes finishing 5th and 6th and so on. <table border="1" data-bbox="405 1167 1449 1305"> <thead> <tr> <th colspan="2">Meet Scoring</th> </tr> </thead> <tbody> <tr> <td>Individual Events</td> <td>9-7-6-5-4-3-2-1</td> </tr> <tr> <td>Relay Events</td> <td>18-14-12-10-8-6-4-2</td> </tr> </tbody> </table> | Meet Scoring | | Individual Events | 9-7-6-5-4-3-2-1 | Relay Events | 18-14-12-10-8-6-4-2 |
| Meet Scoring | | | | | | | |
| Individual Events | 9-7-6-5-4-3-2-1 | | | | | | |
| Relay Events | 18-14-12-10-8-6-4-2 | | | | | | |
| Entry Restrictions | <p>Swimmers may enter a maximum of 6 (six) individual events in this meet, with a further limitation of 2 (two) individual events in each session. This is to facilitate as many swimmers as possible to swim at this meet.</p> <p>As noted above, it may not be possible to accept all entries due to limitations on pool time and session duration. Clubs will be notified of entries which it has not been possible to accept.</p> | | | | | | |
| Scoring Restrictions | <p>For events run as multi-age groups a club can be awarded for two scoring swimmers in the 13/14 age group, two scoring swimmers in the 15/16 age group, and a further two scoring swimmers in the 17+ age group for the purposes of contributing to the overall team scoring.</p> | | | | | | |

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| Relay Age Groups | <i>There are two age-group categories in each relay event. The first category is for relay teams where all swimmers are between 13 and 16 years of age. The second category is “Open” so that swimmers may be of any age; these events are designated with an “A” e.g. Events 1A, 2A, 18A etc. Where all swimmers in a relay team are between 13 and 16 years, the team should be entered into the 13-16 age group category. Where one or more swimmers on the relay team are aged 17 or above, the team should be entered into the “Open” category. Clubs can be awarded for one scoring relay team in each of the age-group categories, e.g. one scoring relay team in Event 18 and another (separate) scoring team in Event 18A.</i> |
| Consideration Times | <i>In general there are no Consideration Times for this Meet, but to aid the timely running of the Meet there are Consideration Times for the distance events (400m and longer). These are shown below.</i> |
| Finals | <i>There will be no Finals in this Meet. All events will be Heat Declared Winner (HDW)</i> |
| Session Start Times | <i>The Start Times of sessions as indicated in the Order of Events may be changed in the light of entries received and the logistics of running the Meet within Swim Ireland regulations relating to Session duration etc.</i> |
| Water | <i>Please note that, as an environment-friendly measure, Leinster Swimming will no longer distribute bottles of water to timekeepers/officials, but will provide a water-cooler in the call-room. Timekeepers/officials/coaches are welcome to bring their own bottles and fill them from the water cooler.</i> |

ORDER OF EVENTS

SATURDAY OCTOBER 30th 2021

Session 1 – warm up 7.45am, start 9.00am

| Event # | | | |
|---------|-------|-----------|-------------------------|
| 1 | Boys | 13-16 | 4 x 50m Medley Relay |
| 1A | Boys | 13 & Over | 4 x 50m Medley Relay |
| 2 | Girls | 13-16 | 4 x 50m Freestyle Relay |
| 2A | Girls | 13 & Over | 4 x 50m Freestyle Relay |
| 3 | Boys | 13 & Over | 200m Freestyle |
| 4 | Girls | 13 & Over | 100m Breaststroke |
| 5 | Boys | 13 & Over | 100m Backstroke |
| 6 | Girls | 13 & Over | 200m Butterfly |
| 7 | Boys | 13 & Over | 50m Breaststroke |
| 8 | Girls | 13 & Over | 50m Backstroke |
| 9 | Boys | 13 & Over | 200m Individual Medley |
| 10 | Girls | 13 & Over | 100m Freestyle |

Session 2 – warm up 2.00pm, start 3.00pm

| Event # | | | |
|---------|-------|-----------|-------------------------|
| 11 | Boys | 13 & Over | 400m Freestyle |
| 12 | Girls | 13 & Over | 400m Individual Medley |
| 13 | Boys | 13 & Over | 100m Butterfly |
| 14 | Girls | 13 & Over | 200m Backstroke |
| 15 | Boys | 13 & Over | 50m Freestyle |
| 16 | Girls | 13 & Over | 50m Butterfly |
| 17 | Boys | 13 & Over | 200m Breaststroke |
| 39 | Girls | 13 & Over | 100m I.M. |
| 18 | Mixed | 13-16 | 4 x 50m Freestyle Relay |
| 18A | Mixed | 13 & Over | 4 x 50m Freestyle Relay |
| 19 | Mixed | 13 & Over | 800m Freestyle |

ORDER OF EVENTS

SUNDAY OCTOBER 31st 2021

Session 3 – warm up 7.45am, start 9.00am

| Event # | | | | |
|---------|-------|-----------|---------|-------------------|
| 20 | Girls | 13-16 | 4 x 50m | Medley Relay |
| 20A | Girls | 13 & Over | 4 x 50m | Medley Relay |
| 21 | Boys | 13-16 | 4 x 50m | Freestyle Relay |
| 21A | Boys | 13 & Over | 4 x 50m | Freestyle Relay |
| 22 | Girls | 13 & Over | 200m | Freestyle |
| 23 | Boys | 13 & Over | 100m | Breaststroke |
| 24 | Girls | 13 & Over | 100m | Backstroke |
| 25 | Boys | 13 & Over | 200m | Butterfly |
| 26 | Girls | 13 & Over | 50m | Breaststroke |
| 27 | Boys | 13 & Over | 50m | Backstroke |
| 28 | Girls | 13 & Over | 200m | Individual Medley |
| 29 | Boys | 13 & Over | 100m | Freestyle |

Session 4 – warm up 2.00pm, start 3.00pm

| Event # | | | | |
|---------|-------|-----------|---------|-------------------|
| 30 | Girls | 13 & Over | 400m | Freestyle |
| 31 | Boys | 13 & Over | 400m | Individual Medley |
| 32 | Girls | 13 & Over | 100m | Butterfly |
| 33 | Boys | 13 & Over | 200m | Backstroke |
| 34 | Girls | 13 & Over | 50m | Freestyle |
| 35 | Boys | 13 & Over | 50m | Butterfly |
| 36 | Girls | 13 & Over | 200m | Breaststroke |
| 40 | Boys | 13 & Over | 100m | I.M. |
| 37 | Mixed | 13-16 | 4 x 50m | Medley Relay |
| 37A | Mixed | 13 & Over | 4 x 50m | Medley Relay |
| 38 | Mixed | 13 & Over | 1500m | Freestyle |

Consideration Times - All times SC

| Male | 13/14 | 15/16 | 17+ |
|---------------|----------|----------|----------|
| 400FC | 06:20.00 | 05:40.00 | 05:15.00 |
| 800FC | 11:45.00 | 10:45.00 | 10:10.00 |
| 1500FC | 22:00.00 | 21:15.00 | 19:45.00 |
| 400IM | 07:00.00 | 06:35.00 | 06:25.00 |
| Female | 13/14 | 15/16 | 17+ |
| 400FC | 06:20.00 | 05:50.00 | 05:25.00 |
| 800FC | 12:20.00 | 11:50.00 | 11:20.00 |
| 1500FC | 22:15.00 | 21:15.00 | 20:15.00 |
| 400IM | 07:00.00 | 06:40.00 | 06:30.00 |

Leinster Region of Swim Ireland – Regional Committee:

Orla Mullen *Chairperson*, Joe O’Keeffe, *Secretary*, Ashley Godden *Treasurer*,
Kinny Bolton *Admin*, Jonathan Preston *RPAG*, Caroline Bentley, Gillian Markey, Julie Morgan,
Gerald Fleming.

Website: www.swimleinster.com

Email: leinstersecretary@swimireland.ie