



## COVID-19 Return to Water Framework (June 2020)

### APPENDIX B

#### Kilkenny Swimming Club COVID-19 Self Report Screening (Athletes & Staff)

You will be aware of the ongoing outbreak of COVID-19, also known as Coronavirus. Swim Ireland are adhering to guidance from the Health Protection Surveillance Centre in containing the virus and ensuring a safe environment for athletes and staff.

As one of our measures, we are seeking to identify any potential cases at the earliest opportunity in order to avoid any contacts/spread. The research to date for this novel virus suggests that transmission appears to be during symptomatic phase, and as such, identifying those with symptoms and isolating them should reduce risk significantly.

In addition, it complies with our general illness rule which is to avoid contacts in the club when ill. Please answer the following questions (**YES / NO**) **prior to travelling** to the swimming pool building – and hand it to the designated club officer on arrival. **This process must be completed for each and every session with your club that you intend to attend.**

#### Important for Parents:

This form will be emailed to **Covid19KKSC@gmail.com** and must be filled in for each swimmer (e.g. in the case of siblings if 2 swimmers, then 2 form submissions) **by 8pm** the evening before the swimming session or else the swimmer **CANNOT** attend the session.

If a swimmer named on this form has a sibling in the A Squad also and has answered YES to any of the questions following then, they will also be **UNABLE** to attend the swimming session until further advised.

Any questions please send an email to: **Covid19KKSC@gmail.com**

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<b>1st Parents Full Name:</b>	KBTest
<b>1st Parents Mobile No.:</b>	1234567
<b>Swimmers Full Name:</b>	KBTest
<b>Date:</b>	Saturday, July 18, 2020

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**1. Have you travelled to any country (outside of all-Ireland) in the last 14 days?**

If YES, please notify the Club COVID-19 Officer by phone. You should not leave home and you should not travel to the pool. You should avoid contact with any other club members for 14 days (from the time of your return). If you are symptom free for 14 days, you may return to the club.

If No, please proceed to the next question.

**2. Have you been in contact with a case of COVID-19 (>15 minutes face to face contact)?**

If YES, please notify the Club COVID-19 Officer by phone. You should not leave home and you should not travel to the pool and await further information.

If No, please proceed to the next question.

**3. Have you been contacted by a member of Public Health about a recent case of COVID 19?**

If YES, please notify the Club COVID-19 Officer by phone. You should not leave home and you should not travel to the pool and await further information.

If No, please proceed to the next question.

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**4. Do you have any of the symptoms below in the last 48 hours?**

**Cough**

**Fever**

**Feeling short of breath**

**Excessive fatigue/tiredness (out of proportion to normal)**

**Sore throat**

**Headache**

**General aches and pain (out of proportion to normal)**

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If the answer to any of the above questions is **YES**, please notify the Club COVID-19 Officer by phone: **086**

**3888847. You should not leave home** and you should not travel to the pool and await further information

If the answers to all questions are **NO, you should attend training** with your club

**Terms and Conditions**

Acknowledged