

## Kilkenny Swimming Club 2019/2020 Season

### Meet Results

**5S-19/20-N001 Irish SC Championships 2019 12-Dec-19 to 15-Dec-19 [Ageup: 31/12/2019] SC Meters**  
**Kilkenny Swimming Club [KILK] Coach: John Duffy**

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 2 Female 200 IM 12 &amp; Over</b>					
2:24.53S	F	Rachel Vaughan	12	---	-1.40
2:25.45S	P	Rachel Vaughan	13	---	-0.48
<b>Event # 3 Male 100 Back 12 &amp; Over</b>					
1:00.71S	P	Aidan Cook	16	---	-0.95
1:00.84S	F	Aidan Cook	17	---	-0.82
<b>Event # 4 Female 100 Back 12 &amp; Over</b>					
1:00.63S	P	Maria Godden	1	---	-0.32
1:00.83S	F	Maria Godden	3	---	-0.12
1:03.97S	F	Niamh Ahearne	10	---	-0.33
1:04.16S	F	Naomi Trait	13	---	-1.68
1:04.43S	P	Niamh Ahearne	10	---	0.13
1:05.14S	P	Naomi Trait	14	---	-0.70
<b>Event # 5 Male 50 Free 12 &amp; Over</b>					
24.22S	P	Brogan Mc Aviney	14	---	-0.58
24.27S	F	Brogan Mc Aviney	16	---	-0.53
24.87S	P	Teige Powell	22	---	-0.16
24.94S	F	Teige Powell	20	---	-0.09
25.40S	P	Aidan Cook	33	---	0.16
<b>Event # 6 Female 50 Free 12 &amp; Over</b>					
26.27S	F	Naomi Trait	6	---	1.30
26.70S	P	Naomi Trait	9	---	1.73
<b>Event # 7 Male 200 Fly 12 &amp; Over</b>					
2:05.96S	F	Jack Nolan-Whitney	12	---	-5.70
2:06.18S	P	Alex Mc Lelland-Maher	7	---	-1.20
2:07.03S	F	Alex Mc Lelland-Maher	8	---	-0.35
2:08.50S	P	Jack Nolan-Whitney	11	---	-3.16
2:11.99S	P	Brogan Mc Aviney	13	---	-2.64
2:11.99S	F	Brogan Mc Aviney	13	---	-2.64
2:15.34S	DQ	P Conor Johnson	---	---	---
1G Touch at the finish or turn was not made with both hands simultaneously/separated					
2:26.36S	DQ	P James Larkin	---	---	---
1G Touch at the finish or turn was not made with both hands simultaneously/separated					
<b>Event # 8 Female 200 Fly 12 &amp; Over</b>					
2:27.40S	F	Rachel Vaughan	12	---	---
2:28.95S	P	Lucy Harte	11	---	-1.13
2:29.78S	F	Lucy Harte	10	---	-0.30
2:31.03S	F	Caoimhe Daly	18	---	-6.98
2:31.63S	P	Rachel Vaughan	18	---	---
2:33.38S	P	Caoimhe Daly	23	---	-4.63
2:34.16S	P	Teddy Cousins-Bolger	24	---	-1.57
2:40.16S	P	Abi Cullen	31	---	-3.51
<b>Event # 9 Male 200 Free Relay Senior</b>					
1:38.84S	F	A Relay	7	---	---
Aidan Cook (15) r:0.69		Kilkenny Swimming Club			
		Teige Powell (16) r:0.33	Alex Mc Lelland-Maher (17) r:0.26	Brogan Mc Aviney (16) r:0.14	

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<b>Event # 9 Male 200 Free Relay Senior - Lead-Off Legs ( 50 Free )</b>					
25.45S	F	Aidan Cook	---	---	0.21
<b>Event # 10 Female 200 Free Relay Senior</b>					
1:49.76S	F	A Relay	4	---	
		Kilkenny Swimming Club			
		Maria Godden (17) r:0.73			
		Rachel Vaughan (17) r:0.32			
		Lucy Harte (16) r:0.34			
		Niamh Ahearne (16) r:0.15			
<b>Event # 10 Female 200 Free Relay Senior - Lead-Off Legs ( 50 Free )</b>					
26.40S	F	Maria Godden	---	---	-0.17
<b>Event # 13 Female 400 IM 12 &amp; Over</b>					
5:08.71S	F	Rachel Vaughan	13	---	-3.48
5:14.30S	P	Rachel Vaughan	12	---	2.11
5:18.50S	F	Caoimhe Daly	18	---	-0.99
5:18.54S	P	Caoimhe Daly	20	---	-0.95
<b>Event # 14 Male 100 Free 12 &amp; Over</b>					
52.37S	F	Aidan Cook	16	---	-1.04
53.07S	P	Aidan Cook	21	---	-0.34
53.07S	F	Brogan Mc Aviney	20	---	-1.99
53.44S	P	Brogan Mc Aviney	23	---	-1.62
54.89S	P	Conor Johnson	28	---	-0.93
55.00S	P	Teige Powell	29	---	-0.21
<b>Event # 15 Female 100 Free 12 &amp; Over</b>					
55.73S	F	Naomi Trait	3	---	-0.65
56.85S	P	Naomi Trait	4	---	0.47
<b>Event # 16 Male 100 Breast 12 &amp; Over</b>					
1:04.98S	F	Alex Mc Lelland-Maher	13	---	-1.58
1:05.72S	P	Alex Mc Lelland-Maher	12	---	-0.84
<b>Event # 19 Male 50 Fly 12 &amp; Over</b>					
25.61S	F	Alex Mc Lelland-Maher	12	---	-0.48
26.01S	P	Alex Mc Lelland-Maher	11	---	-0.08
26.08S	F	Jack Nolan-Whitney	14	---	-0.48
26.08S	P	Jack Nolan-Whitney	13	---	-0.48
26.67S	P	Brogan Mc Aviney	23	---	-0.58
26.98S	P	Conor Johnson	28	---	-3.17
27.01S	P	Teige Powell	30	---	-1.21
<b>Event # 20 Female 50 Fly 12 &amp; Over</b>					
30.44S	P	Lucy Harte	31	---	-0.33
31.18S	P	Caoimhe Daly	40	---	0.70
<b>Event # 22 Male 100 IM 12 &amp; Over</b>					
1:02.63S	F	Conor Johnson	17	---	-2.41
1:03.94S	P	Teige Powell	23	---	0.79
1:04.10S	P	Conor Johnson	24	---	-0.94
<b>Event # 23 Female 100 IM 12 &amp; Over</b>					
1:05.40S	F	Niamh Ahearne	12	---	-2.56
1:07.12S	P	Niamh Ahearne	11	---	-0.84

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Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 24 Male 400 Free 12 &amp; Over</b>					
4:11.82S	F	Aidan Cook	13	---	---
4:15.22S	P	Aidan Cook	17	---	---
<b>Event # 25 Female 400 Free 12 &amp; Over</b>					
4:14.88S	F	Maria Godden	2	---	0.13
4:15.80S	P	Maria Godden	1	---	1.05
4:16.84S	F	Naomi Trait	3	---	-4.99
4:23.27S	P	Naomi Trait	4	---	1.44
<b>Event # 26 Male 100 Fly 12 &amp; Over</b>					
56.64S	F	Alex Mc Lelland-Maher	11	---	-1.54
56.92S	F	Jack Nolan-Whitney	13	---	-1.53
57.15S	P	Alex Mc Lelland-Maher	12	---	-1.03
57.20S	P	Jack Nolan-Whitney	14	---	-1.25
59.01S	F	Brogan Mc Aviney	20	---	0.02
59.01S	P	Brogan Mc Aviney	20	---	0.02
59.68S	P	Conor Johnson	23	---	-0.60
<b>Event # 27 Female 100 Fly 12 &amp; Over</b>					
1:06.08S	P	Lucy Harte	11	---	-1.65
1:06.54S	DQ	F Lucy Harte	---	---	---
7A Swimmer started before the starting signal					
<b>Event # 28 Male 50 Breast 12 &amp; Over</b>					
29.79S	F	Alex Mc Lelland-Maher	10	---	-0.91
29.79S	P	Alex Mc Lelland-Maher	11	---	-0.91
33.16S	P	Teige Powell	40	---	0.56
<b>Event # 29 Female 50 Breast 12 &amp; Over</b>					
35.80S	P	Rachel Vaughan	24	---	0.75
<b>Event # 31 Female 200 Back 12 &amp; Over</b>					
2:14.82S	F	Maria Godden	5	---	4.36
2:16.13S	P	Maria Godden	3	---	5.67
2:22.76S	F	Niamh Ahearne	19	---	1.58
2:25.29S	P	Niamh Ahearne	21	---	4.11
2:25.88S	P	Rachel Vaughan	23	---	-0.89
<b>Event # 33 Female 200 Free 12 &amp; Over</b>					
2:00.25S	F	Naomi Trait	1	---	-1.37
2:06.41S	P	Naomi Trait	5	---	4.79
<b>Event # 34 Male 200 Free 12 &amp; Over</b>					
1:57.80S	P	Brogan Mc Aviney	21	---	-3.90
1:58.67S	P	Jack Nolan-Whitney	23	---	1.18
2:02.25S	F	Brogan Mc Aviney	19	---	0.55
1:58.23S	DQ	P Aidan Cook	---	---	---
7F Did not swim distance specified					
<b>Event # 35 Female 50 Back 12 &amp; Over</b>					
29.56S	P	Niamh Ahearne	9	---	-0.87
29.77S	F	Niamh Ahearne	9	---	-0.66

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Time	F/P/S Relay	Place	Points	Improv
<b>Event # 37 Female 200 Breast 12 &amp; Over</b>				
2:53.13S	P Louise Mc Inerney	36	---	1.51
<b>Event # 38 Male 200 Breast 12 &amp; Over</b>				
2:24.06S	F Alex Mc Lelland-Maher	10	---	-2.53
2:25.65S	P Alex Mc Lelland-Maher	10	---	-0.94
2:35.32S	P Teige Powell	25	---	-4.24
2:39.04S	P Max Perry	33	---	-2.84
<b>Event # 39 Female 200 Medley Relay Senior</b>				
2:03.68S	F A Relay Kilkenny Swimming Club	8	---	
Niamh Ahearne (16) r:0.55 Louise Mc Inerney (15) r:0.00 Rachel Vaughan (17) r:0.31 Naomi Trait (16) r:0.16				
<b>Event # 39 Female 200 Medley Relay Senior - Lead-Off Legs ( 50 Back )</b>				
29.64S	F Niamh Ahearne	---	---	-0.79
<b>Event # 40 Male 200 Medley Relay Senior</b>				
1:50.55S	F A Relay Kilkenny Swimming Club	9	---	
Alex Mc Lelland-Maher (17) r:0.61 Teige Powell (16) r:0.45 Jack Nolan-Whitney (18) r:0.54 Brogan Mc Aviney (16) r:0.10				
<b>Event # 40 Male 200 Medley Relay Senior - Lead-Off Legs ( 50 Back )</b>				
28.09S	F Alex Mc Lelland-Maher	---	---	-0.35