

**Kilkenny Swimming Club**  
**2019/2020 Season**

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**Meet Results**

**Leinster Short-Course Championship 2019 01-Nov-19 to 03-Nov-19 [Ageup: 31/12/2019] SC Meters**  
**Kilkenny Swimming Club [KILK] Coach: John Duffy**

<b>Time</b>	<b>F/P/S Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 1A Female 200 Breast 11-15</b>				
2:51.62S	P Louise Mc Inerney	5	---	-3.65
2:52.71S	F Louise Mc Inerney	7	---	-2.56
<b>Event # 1B Female 200 Breast 16 &amp; Over</b>				
2:49.90S	P Rachel Vaughan	8	---	2.08
<b>Event # 2A Male 200 Breast 11-16</b>				
3:05.50S	P David Ormond	23	---	0.18
3:13.64S	P Marcas Bowen	29	---	1.70
<b>Event # 3A Female 400 Free 11-15</b>				
4:50.84S	F Louise Mc Inerney	9	---	-5.71
4:58.38S	F Abi Cullen	14	---	11.12
4:58.48S	F Eleanor Godden	15	---	9.07
5:02.50S	F Teddy Cousins-Bolger	18	---	-1.60
<b>Event # 3B Female 400 Free 16 &amp; Over</b>				
4:14.75S	F Maria Godden	1	---	-9.56
<b>Event # 4A Male 400 Free 11-16</b>				
4:20.38S	F Brogan Mc Aviney	5	---	1.15
4:41.49S	F James Mc Donald	17	---	---
4:58.51S	F Daniel Briers	19	---	-3.29
5:09.29S	F Matthew Briers	22	---	-1.20
<b>Event # 5A Female 50 Back 11-15</b>				
37.86S	P Nyah Vaughan	48	---	-0.40
<b>Event # 6A Male 50 Back 11-16</b>				
33.56S	P James Mc Donald	25	---	-5.22
35.04S	P Marcas Bowen	34	---	-12.96
<b>Event # 7B Female 200 IM 16 &amp; Over</b>				
2:27.25S	F Niamh Ahearne	3	---	0.68
2:29.17S	P Niamh Ahearne	4	---	2.60
2:31.06S	F Caoimhe Daly	4	---	-0.90
2:32.37S	P Caoimhe Daly	5	---	0.41
<b>Event # 8A Male 200 IM 11-16</b>				
2:22.01S	P Teige Powell	6	---	-5.10
2:45.29S	P David Ormond	37	---	-1.51
<b>Event # 9A Female 100 Fly 11-15</b>				
1:10.87S	F Teddy Cousins-Bolger	6	---	-0.61
1:11.47S	P Teddy Cousins-Bolger	5	---	-0.01
1:14.18S	P Abi Cullen	13	---	1.79
<b>Event # 9B Female 100 Fly 16 &amp; Over</b>				
1:07.88S	F Lucy Harte	6	---	0.15
1:07.94S	P Lucy Harte	6	---	0.21
1:09.21S	P Caoimhe Daly	7	---	2.04
1:09.26S	F Caoimhe Daly	8	---	2.09

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<b>Event # 10A Male 100 Fly 11-16</b>					
58.99S	F	Brogan Mc Aviney	1	---	-1.15
59.36S	P	Brogan Mc Aviney	1	---	-0.78
1:00.28S	F	Conor Johnson	3	---	-0.67
1:01.07S	P	Conor Johnson	3	---	0.12
1:07.19S	P	James Larkin	16	---	0.70
1:12.98S	P	James Mc Donald	28	---	-16.61
1:18.16S	P	David Ormond	38	---	-2.19
<b>Event # 10B Male 100 Fly 17 &amp; Over</b>					
59.08S	P	Jack Nolan-Whitney	7	---	0.63
<b>Event # 11A Female 50 Free 11-15</b>					
30.82S	P	Abi Cullen	41	---	0.47
31.64S	P	Teddy Cousins-Bolger	53	---	0.86
<b>Event # 11B Female 50 Free 16 &amp; Over</b>					
28.05S	F	Niamh Ahearne	7	---	0.08
28.30S	P	Niamh Ahearne	7	---	0.33
28.34S	P	Lucy Harte	8	---	-0.50
28.65S	F	Lucy Harte	10	---	-0.19
<b>Event # 12A Male 50 Free 11-16</b>					
24.80S	F	Brogan Mc Aviney	1	---	-0.70
24.81S	P	Brogan Mc Aviney	1	---	-0.69
25.03S	F	Teige Powell	3	---	-0.13
25.38S	P	Teige Powell	4	---	0.22
25.65S	P	Conor Johnson	8	---	-0.27
25.88S	F	Conor Johnson	9	---	-0.04
28.09S	P	Daniel Briers	34	---	-0.72
28.50S	P	James Larkin	35	---	0.02
<b>Event # 12B Male 50 Free 17 &amp; Over</b>					
26.37S	P	Jack Nolan-Whitney	17	---	0.63
<b>Event # 13 Female 200 Free Relay11 &amp; Over</b>					
1:53.30S	F	A Relay	4	---	
Maria Godden (17) r:0.75		Kilkenny Swimming Club	Teddy Cousins-Bolger (15) r:0.34		Lucy Harte (16) r:0.56
		Niamh Ahearne (16) r:0.18			
<b>Event # 14 Male 200 Free Relay11 &amp; Over</b>					
1:41.07S	F	A Relay	3	---	
Jack Nolan-Whitney (18) r:0.73		Kilkenny Swimming Club	Brogan Mc Aviney (16) r:0.12		Teige Powell (16) r:0.59
		Conor Johnson (15) r:0.32			
<b>Event # 16A Female 200 Free 11-15</b>					
2:17.39S	P	Louise Mc Inerney	11	---	-3.88
2:20.16S	F	Louise Mc Inerney	10	---	-1.11
2:20.72S	P	Rachel White	20	---	-5.22
2:21.17S	P	Teddy Cousins-Bolger	21	---	-2.54
2:21.85S	P	Abi Cullen	23	---	5.02
2:22.42S	P	Eleanor Godden	24	---	4.49

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<b>Event # 16B Female 200 Free 16 &amp; Over</b>					
2:01.29S	F	Maria Godden	1	---	-0.67
2:04.96S	P	Maria Godden	1	---	3.00
2:05.28S	F	Naomi Trait	2	---	3.66
2:08.07S	P	Naomi Trait	3	---	6.45
2:16.57S	P	Caoimhe Daly	12	---	-1.04
2:17.54S	P	Niamh Ahearne	13	---	5.61
<b>Event # 17A Male 200 Free 11-16</b>					
1:57.87S	P	Aidan Cook	1	---	-3.63
1:59.84S	F	Aidan Cook	3	---	-1.66
2:12.06S	P	James Larkin	19	---	---
2:25.67S	P	Corey Bowden	36	---	-0.42
<b>Event # 17B Male 200 Free 17 &amp; Over</b>					
2:00.27S	P	Jack Nolan-Whitney	9	---	2.78
<b>Event # 18A Female 200 Back 11-15</b>					
2:39.24S	P	Erin Morrissey	13	---	0.62
2:55.81S	P	Nyah Vaughan	55	---	-4.58
<b>Event # 18B Female 200 Back 16 &amp; Over</b>					
2:13.50S	F	Maria Godden	1	---	3.04
2:15.12S	P	Maria Godden	1	---	4.66
<b>Event # 18S Female 200 Back 11 &amp; Over</b>					
2:37.27S	S	Erin Morrissey	1	---	-1.35
<b>Event # 19A Male 200 Back 11-16</b>					
2:28.13S	P	James Mc Donald	19	---	-0.46
<b>Event # 20A Female 100 Breast 11-15</b>					
1:22.01S	P	Louise Mc Inerney	10	---	1.35
1:22.97S	F	Louise Mc Inerney	10	---	2.31
1:29.01S	P	Rachel White	26	---	-0.74
<b>Event # 20B Female 100 Breast 16 &amp; Over</b>					
1:19.21S	F	Niamh Ahearne	9	---	0.85
1:20.25S	P	Niamh Ahearne	9	---	1.89
<b>Event # 21A Male 100 Breast 11-16</b>					
1:11.37S	P	Teige Powell	5	---	0.03
1:11.61S	F	Teige Powell	7	---	0.27
1:24.25S	P	David Ormond	30	---	-2.14
1:24.62S	P	Corey Bowden	31	---	-2.50
<b>Event # 21B Male 100 Breast 17 &amp; Over</b>					
1:06.59S	P	Alex Mc Lelland-Maher	2	---	0.03
NS	F	Alex Mc Lelland-Maher	---	---	---

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<b>Time</b>	<b>F/P/S</b>	<b>Relay</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Event # 22A Female 100 IM 11-15</b>					
1:14.82S	P	Teddy Cousins-Bolger	15	---	-2.21
1:21.38S	P	Erin Morrissey	45	---	-0.53
1:26.41S	P	Nyah Vaughan	60	---	1.66
1:25.38S	DQ	P Laura White	---	---	---
<b>Event # 22B Female 100 IM 16 &amp; Over</b>					
1:07.95S	F	Naomi Trait	3	---	1.39
1:08.62S	P	Naomi Trait	6	---	2.06
1:13.05S	P	Caoimhe Daly	18	---	1.79
<b>Event # 23A Male 100 IM 11-16</b>					
1:03.15S	F	Teige Powell	1	---	-1.39
1:03.35S	P	Teige Powell	1	---	-1.19
1:04.84S	P	Aidan Cook	4	---	-0.67
1:05.36S	F	Aidan Cook	5	---	-0.15
1:08.77S	P	Tom Russell	18	---	0.88
1:11.72S	P	James Larkin	27	---	1.79
1:16.61S	P	David Ormond	39	---	-2.18
<b>Event # 23B Male 100 IM 17 &amp; Over</b>					
1:01.40S	P	Alex Mc Lelland-Maher	5	---	-0.24
<b>Event # 24A Female 50 Fly 11-15</b>					
32.21S	P	Teddy Cousins-Bolger	11	---	-0.12
33.18S	P	Abi Cullen	19	---	0.33
41.58S	P	Nyah Vaughan	59	---	2.27
<b>Event # 25A Male 50 Fly 11-16</b>					
30.34S	P	James Larkin	15	---	-0.30
31.57S	P	Tom Russell	20	---	-0.98
34.13S	P	David Ormond	38	---	-3.09
<b>Event # 25B Male 50 Fly 17 &amp; Over</b>					
26.28S	P	Alex Mc Lelland-Maher	2	---	0.19
26.67S	P	Jack Nolan-Whitney	3	---	0.11
<b>Event # 27A Female 800 Free 11-15</b>					
10:01.58S	F	Louise Mc Inerney	7	---	-3.07
<b>Event # 27B Male 800 Free 11-15</b>					
9:38.09S	F	James Mc Donald	7	---	-40.38
<b>Event # 28B Female 400 IM 16 &amp; Over</b>					
5:20.04S	F	Caoimhe Daly	2	---	0.55
<b>Event # 29A Male 400 IM 11-16</b>					
6:11.42S	F	Matthew Briers	13	---	-5.81

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Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 30A Female 100 Back 11-15</b>					
1:13.11S	P	Eleanor Godden	17	---	1.02
1:14.32S	P	Erin Morrissey	24	---	1.12
1:17.06S	P	Amy O'Shea	44	---	-2.27
1:21.11S	P	Rachel White	79	---	-0.04
1:22.45S	P	Nyah Vaughan	89	---	-2.19
<b>Event # 30B Female 100 Back 16 &amp; Over</b>					
1:00.95S	P	Maria Godden	1	---	-0.19
1:01.00S	F	Maria Godden	1	---	-0.14
1:05.84S	F	Naomi Trait	4	---	-2.20
1:07.36S	P	Naomi Trait	6	---	-0.68
<b>Event # 31A Male 100 Back 11-16</b>					
1:01.66S	F	Aidan Cook	3	---	-5.30
1:02.35S	P	Aidan Cook	3	---	-4.61
1:03.62S	F	Teige Powell	6	---	-1.19
1:03.99S	P	Teige Powell	7	---	-0.82
1:14.91S	P	Marcas Bowen	42	---	-0.30
1:16.70S	P	Marcus Trait	53	---	-1.13
1:19.08S	P	Fionn Drago	60	---	-2.36
1:21.72S	P	Matthew Briers	70	---	0.49
<b>Event # 32A Female 50 Breast 11-15</b>					
37.96S	P	Louise Mc Inerney	11	---	-0.40
<b>Event # 33A Male 50 Breast 11-16</b>					
36.06S	P	Tom Russell	17	---	0.29
37.36S	P	Corey Bowden	20	---	-3.28
<b>Event # 34A Female 200 Fly 11-15</b>					
2:35.73S	P	Teddy Cousins-Bolger	4	---	-4.44
2:36.62S	F	Teddy Cousins-Bolger	4	---	-3.55
2:43.67S	P	Abi Cullen	6	---	-0.13
2:45.41S	F	Abi Cullen	6	---	1.61
<b>Event # 34B Female 200 Fly 16 &amp; Over</b>					
2:30.08S	P	Lucy Harte	2	---	-0.28
2:31.53S	F	Lucy Harte	2	---	1.17
2:38.01S	P	Caoimhe Daly	3	---	-1.94
2:42.02S	F	Caoimhe Daly	3	---	2.07
<b>Event # 35A Male 200 Fly 11-16</b>					
2:24.62S	F	James Larkin	4	---	---
2:29.00S	P	James Larkin	3	---	---
2:35.52S	F	Corey Bowden	7	---	-28.54
2:39.28S	P	Corey Bowden	8	---	-24.78
<b>Event # 35B Male 200 Fly 17 &amp; Over</b>					
2:13.44S	P	Jack Nolan-Whitney	1	---	1.78

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Time	F/P/S Relay	Place	Points	Improv
<b>Event # 36A Female 100 Free 11-15</b>				
1:03.62S	P Louise Mc Inerney	14	---	-2.23
1:04.38S	P Rachel White	21	---	-1.67
1:05.94S	P Abi Cullen	34	---	1.72
1:06.21S	P Eleanor Godden	36	---	1.35
1:08.26S	P Amy O'Shea	63	---	0.32
1:10.53S	P Erin Morrissey	92	---	-2.00
<b>Event # 36B Female 100 Free 16 &amp; Over</b>				
56.30S	F Maria Godden	2	---	-0.66
56.52S	P Maria Godden	1	---	-0.44
57.62S	F Naomi Trait	4	---	1.24
58.69S	P Naomi Trait	6	---	2.31
1:01.87S	P Lucy Harte	16	---	-0.26
<b>Event # 37A Male 100 Free 11-16</b>				
53.41S	F Aidan Cook	3	---	-0.57
54.70S	P Aidan Cook	2	---	0.72
55.21S	F Teige Powell	6	---	-1.99
55.33S	P Teige Powell	4	---	-1.87
59.38S	P Tom Russell	23	---	0.09
1:05.98S	P Marcas Bowen	56	---	-1.04
1:07.01S	P Fionn Drago	62	---	-1.26
1:07.02S	P Marcus Trait	63	---	-0.80
1:00.70S	DQ P Daniel Briers	---	---	---
<b>Event # 37B Male 100 Free 17 &amp; Over</b>				
55.36S	P Jack Nolan-Whitney	12	---	0.21
<b>Event # 38 Female 200 Medley Relay11 &amp; Over</b>				
2:03.02S	F A Relay Kilkenny Swimming Club	3	---	
	Maria Godden (17) r:0.58 Louise Mc Inerney (15) r:0.41 Lucy Harte (16) r:0.33 Naomi Trait (16) r:0.23			
<b>Event # 39 Male 200 Medley Relay11 &amp; Over</b>				
1:58.13S	F A Relay Kilkenny Swimming Club	7	---	
	Tom Russell (16) r:0.66 Teige Powell (16) r:0.50 Jack Nolan-Whitney (18) r:0.38 Aidan Cook (15) r:0.35			