

**Kilkenny Swimming Club**  
**2018/2019 Season**

**Individual Meet Results**

Summer Nationals 2019 24-Jul-19 to 28-Jul-19 [Ageup: 31/12/2019] LC Meters

Location: NAC

Kilkenny Swimming Club [KILK] Coach: John Duffy

Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #102C Female 400 IM 17 &amp; Over</b>						
5:20.61L	F	Rachel Vaughan	17	6	---	1.84
	Reaction Time:	0.71				
5:22.86L	P	Rachel Vaughan	17	5	---	4.09
	Reaction Time:	0.67				
<b>Event #103B Male 100 Breast 16-16</b>						
1:14.56L	F	Teige Powell	16	9	---	0.05
	Reaction Time:	0.63				
1:15.27L	P	Teige Powell	16	9	---	0.76
	Reaction Time:	0.60				
1:17.37L	P	Tom Russell	16	11	---	-2.28
	Reaction Time:	0.61				
<b>Event #103C Male 100 Breast 17 &amp; Over</b>						
1:09.58L	P	Alex Mc Lelland-Maher	17	16	---	0.46
	Reaction Time:	0.57				
<b>Event #104A Female 100 Breast 15-15</b>						
1:24.23L	P	Louise Mc Inerney	15	14	---	1.20
	Reaction Time:	0.70				
<b>Event #104B Female 100 Breast 16-16</b>						
1:23.51L	P	Niamh Ahearne	16	14	---	0.34
	Reaction Time:	0.70				
<b>Event #105A Male 200 Free 15-15</b>						
2:00.68L	F	Aidan Cook	15	4	---	-0.28
	Reaction Time:	0.58				
2:04.29L	P	Aidan Cook	15	5	---	3.33
	Reaction Time:	0.61				
2:06.46L	P	Conor Johnson	15	11	---	2.60
	Reaction Time:	0.64				
<b>Event #105B Male 200 Free 16-16</b>						
1:59.77L	F	Brogan Mc Aviney	16	1	---	-4.27
	Reaction Time:	0.65				
2:01.23L	P	Brogan Mc Aviney	16	1	---	-2.81
	Reaction Time:	0.61				
<b>Event #105C Male 200 Free 17 &amp; Over</b>						
1:57.57L	P	David Prendergast	25	19	---	5.25
	Reaction Time:	0.66				
<b>Event #106A Female 200 Free 15-15</b>						
2:20.37L	P	Louise Mc Inerney	15	19	---	0.03
	Reaction Time:	0.67				

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #106B Female 200 Free 16-16</b>						
2:06.89L	F	Naomi Trait	16	1	---	1.17
	Reaction Time:	0.67				
2:07.31L	P	Naomi Trait	16	1	---	1.59
	Reaction Time:	0.63				
<b>Event #106C Female 200 Free 17 &amp; Over</b>						
2:03.26L	P	Maria Godden	17	4	---	-0.68
	Reaction Time:	0.76				
2:03.44L	F	Maria Godden	17	4	---	-0.50
	Reaction Time:	0.77				
<b>Event #107 Male 400 Free Relay15 &amp; Over - Lead-Off Legs ( 100 Free )</b>						
55.98L	F	Aidan Cook	15	---	---	0.93
<b>Event #108 Female 400 Free Relay15 &amp; Over - Lead-Off Legs ( 100 Free )</b>						
58.03L	F	Maria Godden	17	---	---	0.80
<b>Event #111B Male 100 Breast 14-14</b>						
1:18.97L	P	Max Perry	14	16	---	-2.17
	Reaction Time:	0.68				
<b>Event #113B Male 200 Free 14-14</b>						
2:12.37L	P	James Larkin	14	18	---	-0.88
	Reaction Time:	0.62				
<b>Event #119 Male 400 Free Relay 12-14 - Lead-Off Legs ( 100 Free )</b>						
1:01.27L	F	James Larkin	14	---	---	-0.55
<b>Event #201B Female 50 Free 16-16</b>						
27.30L	F	Naomi Trait	16	1	---	0.03
	Reaction Time:	0.61				
28.26L	P	Naomi Trait	16	3	---	0.99
	Reaction Time:	0.64				
28.63L	P	Niamh Ahearne	16	7	---	0.47
	Reaction Time:	0.75				
29.02L	F	Niamh Ahearne	16	9	---	0.86
	Reaction Time:	0.72				
<b>Event #201C Female 50 Free 17 &amp; Over</b>						
26.86L	F	Maria Godden	17	6	---	-0.15
	Reaction Time:	0.75				
26.95L	P	Maria Godden	17	9	---	-0.06
	Reaction Time:	0.77				

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #202A Male 50 Free 15-15</b>						
25.45L	F	Aidan Cook	15	4	---	0.04
	Reaction Time:	0.60				
25.72L	P	Aidan Cook	15	3	---	0.31
	Reaction Time:	0.66				
26.92L	P	Conor Johnson	15	19	---	0.54
	Reaction Time:	0.65				
<b>Event #202B Male 50 Free 16-16</b>						
24.97L	F	Brogan Mc Aviney	16	1	---	-0.36
	Reaction Time:	0.62				
25.76L	F	Teige Powell	16	6	---	-0.99
	Reaction Time:	0.61				
25.95L	P	Teige Powell	16	4	---	-0.80
	Reaction Time:	0.64				
26.11L	P	Brogan Mc Aviney	16	7	---	0.78
	Reaction Time:	0.66				
<b>Event #202C Male 50 Free 17 &amp; Over</b>						
23.54L	F	David Prendergast	25	6	---	0.04
	Reaction Time:	0.72				
23.91L	P	David Prendergast	25	9	---	0.41
	Reaction Time:	0.66				
<b>Event #203A Female 100 Fly 15-15</b>						
1:12.02L	P	Teddy Cousins-Bolger	15	13	---	-0.45
	Reaction Time:	0.74				
1:12.43L	F	Teddy Cousins-Bolger	15	9	---	-0.04
	Reaction Time:	0.73				
<b>Event #203B Female 100 Fly 16-16</b>						
1:07.47L	F	Lucy Harte	16	4	---	-0.39
	Reaction Time:	0.69				
1:08.44L	P	Lucy Harte	16	3	---	0.58
	Reaction Time:	0.65				
1:11.96L	P	Caoimhe Daly	16	15	---	2.23
	Reaction Time:	0.62				
<b>Event #203C Female 100 Fly 17 &amp; Over</b>						
1:10.22L	P	Rachel Vaughan	17	29	---	1.50
	Reaction Time:	0.67				

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #204A Male 100 Fly 15-15</b>						
1:00.10L	F	Conor Johnson	15	1	---	-1.63
	Reaction Time:	0.65				
1:02.25L	P	Conor Johnson	15	2	---	0.52
	Reaction Time:	0.65				
1:04.04L	P	Aidan Cook	15	11	---	-0.22
	Reaction Time:	0.61				
<b>Event #204B Male 100 Fly 16-16</b>						
58.86L	F	Brogan Mc Aviney	16	2	---	-1.51
	Reaction Time:	0.60				
1:00.63L	P	Brogan Mc Aviney	16	5	---	0.26
	Reaction Time:	0.62				
<b>Event #204C Male 100 Fly 17 &amp; Over</b>						
56.81L	P	Sean Scannell	17	12	---	-1.43
	Reaction Time:	0.61				
57.05L	F	Sean Scannell	17	10	---	-1.19
	Reaction Time:	0.63				
58.14L	P	Alex Mc Lelland-Maher	17	21	---	0.11
	Reaction Time:	0.59				
59.44L	P	Jack Nolan-Whitney	18	28	---	0.43
	Reaction Time:	0.70				
<b>Event #205A Female 200 Breast 15-15</b>						
2:58.87L	P	Louise Mc Inerney	15	11	---	0.23
	Reaction Time:	0.67				
<b>Event #206B Male 200 Breast 16-16</b>						
2:43.77L	F	Teige Powell	16	6	---	-0.18
	Reaction Time:	0.61				
2:44.52L	P	Teige Powell	16	7	---	0.57
	Reaction Time:	0.63				
2:52.93L	P	Tom Russell	16	15	---	-8.45
	Reaction Time:	0.61				
<b>Event #212B Male 50 Free 14-14</b>						
* 28.65L	P	Daniel Briers	14	39	---	-0.28
	Reaction Time:	0.58				
* 28.65L	P	James Larkin	14	39	---	-0.16
	Reaction Time:	0.61				
<b>Event #213B Female 100 Fly 14-14</b>						
1:12.43L	P	Abi Cullen	14	18	---	-1.79
	Reaction Time:	0.75				

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #214B Male 100 Fly 14-14</b>						
1:06.29L	P	James Larkin	14	15	---	0.40
	Reaction Time:	0.68				
1:12.23L	P	Corey Bowden	14	37	---	-0.68
	Reaction Time:	0.82				
<b>Event #216B Male 200 Breast 14-14</b>						
2:45.91L	F	Max Perry	14	6	---	-6.57
	Reaction Time:	0.68				
2:47.89L	P	Max Perry	14	9	---	-4.59
	Reaction Time:	0.68				
<b>Event #301A Male 100 Free 15-15</b>						
54.55L	F	Aidan Cook	15	2	---	-0.50
	Reaction Time:	0.61				
54.74L	P	Aidan Cook	15	1	---	-0.31
	Reaction Time:	0.63				
58.03L	P	Conor Johnson	15	13	---	0.53
	Reaction Time:	0.68				
<b>Event #301B Male 100 Free 16-16</b>						
54.90L	F	Brogan Mc Aviney	16	1	---	-0.77
	Reaction Time:	0.62				
55.58L	P	Brogan Mc Aviney	16	1	---	-0.09
	Reaction Time:	0.63				
<b>Event #301C Male 100 Free 17 &amp; Over</b>						
51.17L	F	David Prendergast	25	4	---	0.28
	Reaction Time:	0.70				
51.41L	P	David Prendergast	25	8	---	0.52
	Reaction Time:	0.70				
<b>Event #302A Female 400 Free 15-15</b>						
4:55.27L	F	Louise Mc Inerney	15	9	---	-3.56
	Reaction Time:	0.70				
4:56.01L	P	Louise Mc Inerney	15	10	---	-2.82
	Reaction Time:	0.68				
<b>Event #302B Female 400 Free 16-16</b>						
4:30.96L	F	Naomi Trait	16	3	---	2.10
	Reaction Time:	0.66				
4:35.94L	P	Naomi Trait	16	3	---	7.08
	Reaction Time:	0.63				
<b>Event #302C Female 400 Free 17 &amp; Over</b>						
4:23.09L	P	Maria Godden	17	4	---	-5.62
	Reaction Time:	0.78				

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #303 Male 50 Back 15 &amp; Over</b>						
26.65L	F	Sean Scannell	17	4	---	-0.25
	Reaction Time:	0.47				
26.66L	P	Sean Scannell	17	4	---	-0.24
	Reaction Time:	0.49				
<b>Event #304 Female 50 Back 15 &amp; Over</b>						
30.33L	P	Maria Godden	17	9	---	1.01
	Reaction Time:	0.67				
30.40L	F	Maria Godden	17	6	---	1.08
	Reaction Time:	0.59				
31.98L	P	Niamh Ahearne	16	21	---	0.88
	Reaction Time:	0.56				
<b>Event #305A Male 200 IM 15-15</b>						
NS	P	Conor Johnson	15	---	---	---
<b>Event #306B Female 200 IM 16-16</b>						
2:31.11L	F	Niamh Ahearne	16	6	---	-0.79
	Reaction Time:	0.71				
2:34.25L	P	Naomi Trait	16	5	---	7.50
	Reaction Time:	0.66				
2:35.64L	P	Niamh Ahearne	16	8	---	3.74
	Reaction Time:	0.73				
<b>Event #306C Female 200 IM 17 &amp; Over</b>						
2:29.94L	P	Rachel Vaughan	17	13	---	0.76
	Reaction Time:	0.68				
<b>Event #311B Female 400 Free 14-14</b>						
5:00.29L	P	Abi Cullen	14	24	---	7.16
	Reaction Time:	0.76				
<b>Event #312B Male 100 Free 14-14</b>						
1:00.93L	P	James Larkin	14	26	---	-0.89
	Reaction Time:	0.61				
1:02.76L	P	Daniel Briers	14	39	---	-1.07
	Reaction Time:	0.60				
<b>Event #314B Male 200 IM 14-14</b>						
2:33.76L	P	James Larkin	14	25	---	-0.40
	Reaction Time:	0.65				
<b>Event #316 Male 400 Medley Relay 12-14 - Lead-Off Legs ( 100 Back )</b>						
1:14.20L	F	James Larkin	14	---	---	1.98

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #401B Female 100 Free 16-16</b>						
57.77L	F	Naomi Trait	16	1	---	0.01
	Reaction Time:	0.63				
59.96L	P	Naomi Trait	16	1	---	2.20
	Reaction Time:	0.65				
1:02.25L	P	Lucy Harte	16	15	---	-0.99
	Reaction Time:	0.66				
1:02.59L	P	Niamh Ahearne	16	17	---	0.57
	Reaction Time:	0.74				
<b>Event #401C Female 100 Free 17 &amp; Over</b>						
57.91L	F	Maria Godden	17	7	---	0.68
	Reaction Time:	0.75				
58.14L	P	Maria Godden	17	8	---	0.91
	Reaction Time:	0.76				
<b>Event #402A Male 400 Free 15-15</b>						
4:21.01L	F	Aidan Cook	15	3	---	-10.05
	Reaction Time:	0.61				
4:27.65L	P	Aidan Cook	15	5	---	-3.41
	Reaction Time:	0.56				
<b>Event #403A Female 200 Fly 15-15</b>						
2:38.05L	F	Teddy Cousins-Bolger	15	6	---	-5.01
	Reaction Time:	0.71				
2:39.49L	P	Teddy Cousins-Bolger	15	7	---	-3.57
	Reaction Time:	0.75				
<b>Event #403B Female 200 Fly 16-16</b>						
2:33.33L	P	Lucy Harte	16	3	---	-0.55
	Reaction Time:	0.70				
2:46.38L	P	Caoimhe Daly	16	12	---	2.18
	Reaction Time:	0.66				
2:32.11L	DQ F	Lucy Harte	16	---	---	---
	Reaction Time:	0.68				
		1F Alternating movement of legs or feet				
<b>Event #403C Female 200 Fly 17 &amp; Over</b>						
2:35.05L	F	Rachel Vaughan	17	8	---	1.83
	Reaction Time:	0.69				
2:36.61L	P	Rachel Vaughan	17	11	---	3.39
	Reaction Time:	0.66				
<b>Event #404A Male 200 Fly 15-15</b>						
2:13.56L	F	Conor Johnson	15	1	---	-7.88
	Reaction Time:	0.60				
2:21.34L	P	Conor Johnson	15	2	---	-0.10
	Reaction Time:	0.64				

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #404B Male 200 Fly 16-16</b>						
2:13.57L	F	Brogan Mc Aviney	16	1	---	-0.15
	Reaction Time:	0.66				
2:14.42L	P	Brogan Mc Aviney	16	1	---	0.70
	Reaction Time:	0.64				
<b>Event #404C Male 200 Fly 17 &amp; Over</b>						
2:16.48L	P	Jack Nolan-Whitney	18	12	---	-0.52
	Reaction Time:	0.70				
<b>Event #407B Female 100 Back 16-16</b>						
1:08.43L	F	Niamh Ahearne	16	6	---	1.08
	Reaction Time:	0.54				
1:09.55L	P	Niamh Ahearne	16	7	---	2.20
	Reaction Time:	0.58				
1:11.13L	P	Naomi Trait	16	15	---	4.38
	Reaction Time:	0.58				
<b>Event #407C Female 100 Back 17 &amp; Over</b>						
1:04.15L	F	Maria Godden	17	3	---	1.32
	Reaction Time:	0.62				
1:04.71L	P	Maria Godden	17	4	---	1.88
	Reaction Time:	0.58				
1:11.32L	P	Rachel Vaughan	17	25	---	0.60
	Reaction Time:	0.56				
<b>Event #408A Male 100 Back 15-15</b>						
1:04.73L	F	Aidan Cook	15	4	---	-1.30
	Reaction Time:	0.66				
1:04.97L	P	Aidan Cook	15	3	---	-1.06
	Reaction Time:	0.67				
1:10.98L	P	James Mc Donald	15	27	---	-1.35
	Reaction Time:	0.69				
<b>Event #408B Male 100 Back 16-16</b>						
1:09.46L	P	Teige Powell	16	17	---	0.81
	Reaction Time:	0.74				
<b>Event #408C Male 100 Back 17 &amp; Over</b>						
56.93L	F	Sean Scannell	17	3	---	-0.33
	Reaction Time:	0.50				
56.95L	P	Sean Scannell	17	3	---	-0.31
	Reaction Time:	0.52				



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**Individual Meet Results**

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Kilkenny Swimming Club [KILK] Coach: John Duffy

Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #413B Male 200 Fly 14-14</b>						
2:24.84L	F	James Larkin	14	7	---	-5.46
	Reaction Time:	0.65				
2:26.95L	P	James Larkin	14	6	---	-3.35
	Reaction Time:	0.65				
2:48.96L	P	Corey Bowden	14	18	---	-11.34
	Reaction Time:	0.80				
<b>Event #414B Female 200 Fly 14-14</b>						
2:41.14L	P	Abi Cullen	14	6	---	-11.00
	Reaction Time:	0.74				
2:42.14L	F	Abi Cullen	14	8	---	-10.00
	Reaction Time:	0.75				
<b>Event #415B Male 100 Back 14-14</b>						
1:16.57L	P	James Larkin	14	38	---	4.35
	Reaction Time:	0.79				
<b>Event #501B Female 200 Back 16-16</b>						
2:35.69L	P	Niamh Ahearne	16	17	---	8.57
	Reaction Time:	0.58				
<b>Event #501C Female 200 Back 17 &amp; Over</b>						
2:18.52L	F	Maria Godden	17	1	---	2.63
	Reaction Time:	0.61				
2:21.98L	P	Maria Godden	17	2	---	6.09
	Reaction Time:	0.58				
2:34.77L	P	Rachel Vaughan	17	16	---	3.33
	Reaction Time:	0.54				
<b>Event #502A Male 200 Back 15-15</b>						
2:35.66L	P	James Mc Donald	15	18	---	3.20
	Reaction Time:	0.74				
<b>Event #502C Male 200 Back 17 &amp; Over</b>						
2:03.49L	F	Sean Scannell	17	1	---	-0.60
	Reaction Time:	0.48				
2:04.40L	P	Sean Scannell	17	1	---	0.31
	Reaction Time:	0.49				
<b>Event #504 Male 50 Fly 15 &amp; Over</b>						
27.04L	P	Jack Nolan-Whitney	18	22	---	0.61
	Reaction Time:	0.71				
NS	P	Alex Mc Lelland-Maher	17	---	---	---
<b>Event #507 Male 400 Medley Relay15 &amp; Over - Lead-Off Legs ( 100 Back )</b>						
1:03.78L	F	Aidan Cook	15	---	---	-2.25

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<b>Time</b>	<b>F/P/S</b>	<b>Name</b>	<b>Age</b>	<b>Place</b>	<b>Points</b>	<b>Impr</b>
<b>Event #508 Female 400 Medley Relay15 &amp; Over - Lead-Off Legs ( 100 Back )</b>						
1:04.46L	F	Maria Godden	17	---	---	1.63