

**Kilkenny Swimming Club  
2018/2019 Season**

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**Relay Top Times**

**Kilkenny Swimming Club [KILK] Coach: Mike Mc Carthy**  
**Number of Top Times: 5 Show Long Course Only**

Time	P/F/S	Relay			
<b>Female Senior 400 Free Relay</b>					
1	3:59.05 L	F	A Relay		04/04/2018 Irish Open Swimming Championships
				Niamh Ahearne (15)	Jane Roberts (22) Naomi Trait (15)
2	3:59.99 L	F	A Relay		12/07/2012 Irish Junior/Youth/Open Championships
				Jane Roberts (16)	Megan FitzGerald (16) Jess Stallard (16)
3	4:01.03 L	F	A Relay		25/07/2018 Summer Nationals 2018
				Niamh Ahearne (15)	Lucy Harte (15) Naomi Trait (15)
4	4:01.46 L	P	A Relay		12/07/2012 Irish Junior/Youth/Open Championships
				Jane Roberts (16)	Megan FitzGerald (16) Jess Stallard (16)
5	4:01.84 L	F	A Relay		06/04/2017 Irish Open Swimming Championships
				Katie Dunne (15)	Madison Cobey Dunne (16) Naomi Trait (14)
<b>Male Senior 400 Free Relay</b>					
1	3:43.56 L	F	A Relay		18/07/2013 Irish Age Group Youth Senior Open Meet
				David Prendergast (18)	Liam Lanigan (18) Callum Maher (15)
2	3:45.29 L	F	A Relay		29/02/2012 Irish LC Championships - Olympic Trials
				Colm DOWLING (22)	Brendan Neary (17) Michael Mc Carthy (22)
3	3:46.95 L	F	A Relay		16/04/2004 Irish LC Championships
4	3:50.66 L	F	A Relay		16/04/2004 Irish LC Championships
5	3:53.58 L	F	A Relay		11/04/2003 Irish LC Champs