



5th January 2019

Dear Club Secretary,

We are pleased to extend an invitation to your Club for our Long Course Gala which will take place in the National Aquatic Centre on Sunday 17th February 2019.

Due to the popularity of this event last season we are limiting entries to four events per swimmer and ask that all events include a time. Training times are perfectly acceptable, this will help us greatly in estimating the running time for the day. Should there be sufficient time once entries are processed we will then accept further entries from swimmers.

If you do not intend sending a team to this event it would be appreciated if you could let us know ahead of the closing date which will be 1st February.

The paperwork and Hy-tek files for electronic entries are attached. Should you have any questions please contact us at homegalasecretary@nacswimclub.com

Looking forward to seeing you on the day!

Yours in swimming

Aveen Colvin
Home Gala Secretary NAC Swim Club
Homegalasecretary@nacswimclub.com

NAC Swim Club

Invitational LC Gala 17th February 2019

Meet License Number XXXXXXXX

MEET INFORMATION

VENUE: National Aquatic Centre – Abbotstown, Blanchardstown, Dublin 15

FACILITIES: 10 Lane 50m Competition Pool /No cool down facilities available
2000 Spectator Accommodation

DATE: Sunday 17th February 2019

SESSIONS: Session 1 - Warm Up 7.45am Start 9.00am
Session 2 - Warm up 1.30pm Start 2.45pm

AGE GROUP 12 & Under, 13/14, 15/16 17 & Over
EVENTS 50m, 100m, 200m Back, Breast, Fly & Free 200 IM
Open 400 Free

CLOSING DATE: Latest date for receipt of entries is 01/02/2019 10am

Entries open to Swim Ireland members only and a current registration number must be included with all entries

ALL EVENTS WILL BE Heat Declared Winners

Events will be seeded based on times submitted and medals will be awarded to 1st, 2nd and 3rd in each of the stated age groups.

ENTRY TIMES: All entries must include a time – NT's will be rejected.

AGE GROUPS: Age as 31/12/2019 determines your age group for this meet.

ENTRY FEES: €8.00 for each individual Event entered.

SCRATCHES: Scratches received before 14th February will not charged. Payment will be due for any scratches received after that date.

ENTRY ADDRESS: Entries via kilkennyswimmingclub.ie only

The Organisers of the Event reserve the right to limit entries.

Data Protection: NAC Swim Club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on computer. Personal data such as name, age, club, entered/achieved times may be made public prior to, during or after the meet (e.g. programs, results, Meet Mobile, etc). ➤ Any points not covered by the above will be at the discretion of the Gala Organisers ➤ The decision of the Gala Organisers will be final.

Session 1: Warm Up 7.45am Start 09.00am

Warm up times may be subject to change based on entry levels club's will be notified in advance

Event 1	400 Freestyle Female
Event 2	400 Freestyle Male
Event 3	200 Breaststroke Female
Event 4	200 Breaststroke Male
Event 5	100 Freestyle Female – Fastest 10 Swimmers progress to Final in Session 2
Event 6	100 Freestyle Male - Fastest 10 Swimmers progress to Final in Session 2
Event 7	50 Butterfly Female
Event 8	50 Butterfly Male
Event 9	200 Backstroke Female
Event 10	200 Backstroke Male
Event 11	50 Breaststroke Female
Event 12	50 Breaststroke Male
Event 13	100 Butterfly Female
Event 14	100 Butterfly Male

Session 2: Warm up 1.30pm Start 2.30pm

Event 15	200IM Female
Event 16	200IM Male
Event 17	50 Backstroke Female
Event 18	50 Backstroke Male
Event 19	100 Breaststroke Female
Event 20	100 Breaststroke Male
Event 21	200 Freestyle Female
Event 22	200 Freestyle Male
Event 5A	Final 100 Freestyle – Female - Dave Malone Perpetual Cup
Event 6A	Final 100 Freestyle – Male – Dave Malone Perpetual Cup
Event 23	50 Freestyle Female
Event 24	50 Freestyle Male
Event 25	100 Backstroke Female
Event 26	100 Backstroke Male
Event 27	200 Butterfly Female
Event 28	200 Butterfly Male