

**Kilkenny Swimming Club  
2018/2019 Season**

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**Meet Results**

**2018 Irish SC Championships 06-Dec-18 to 09-Dec-18 [Ageup: 31/12/2018] SC Meters**

Time	F/P/S Relay	Place	Points	Improv	
<b>Event # 1 Male 200 IM Senior</b>					
2:27.11S	P Teige Powell	KILK	62	---	-0.69
	31.79 1:09.66 1:52.61 2:27.11				
<b>Event # 2 Female 200 IM Senior</b>					
2:22.22S	F Naomi Trait	KILK	6	---	-3.06
	31.45 1:06.45 1:49.22 2:22.22				
2:24.74S	P Naomi Trait	KILK	7	---	-0.54
	31.80 1:07.68 1:51.00 2:24.74				
2:25.93S	F Rachel Vaughan	KILK	11	---	-4.62
	31.85 1:08.29 1:50.48 2:25.93				
2:27.62S	P Rachel Vaughan	KILK	14	---	-2.93
	31.76 1:08.83 1:51.45 2:27.62				
2:35.52S	P Caoimhe Daly	KILK	35	---	3.56
	33.00 1:10.96 1:57.88 2:35.52				
2:39.50S	P Eleanor Godden	KILK	44	---	3.14
	35.43 1:13.94 2:02.70 2:39.50				
<b>Event # 3 Male 100 Back Senior</b>					
56.27S	F Sean Scannell	KILK	2	---	-1.14
	27.45 56.27				
56.75S	P Sean Scannell	KILK	2	---	-0.66
	27.58 56.75				
1:07.39S	P Colin Dragoi	KILK	53	---	0.24
	32.87 1:07.39				
<b>Event # 4 Female 100 Back Senior</b>					
1:02.04S	P Maria Godden	KILK	1	---	0.90
	29.68 1:02.04				
1:02.15S	F Maria Godden	KILK	1	---	1.01
	29.73 1:02.15				
1:04.30S	F Niamh Ahearne	KILK	9	---	-1.36
	31.02 1:04.30				
1:05.70S	P Niamh Ahearne	KILK	10	---	0.04
	31.74 1:05.70				
1:13.54S	P Eleanor Godden	KILK	61	---	1.45
	35.81 1:13.54				
<b>Event # 5 Male 50 Free Senior</b>					
22.90S	P David Prendergast	KILK	4	---	-0.10
22.92S	F David Prendergast	KILK	5	---	-0.08
25.52S	P Aidan Cook	KILK	23	---	0.28
25.81S	P Brogan Mc Aviney	KILK	29	---	-0.63
26.00S	P Teige Powell	KILK	32	---	-0.34
26.61S	P Conor Johnson	KILK	43	---	0.15

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Time	F/P/S Relay				Place	Points	Improv
<b>Event # 6 Female 50 Free Senior</b>							
27.20S	F Naomi Trait			KILK	13	---	2.23
27.29S	P Naomi Trait			KILK	12	---	2.32
27.97S	P Niamh Ahearne			KILK	26	---	-0.22
29.04S	P Lucy Harte			KILK	44	---	0.15
<b>Event # 7 Male 200 Fly Senior</b>							
2:07.38S	F Alex Mc Lelland-Maher			KILK	7	---	-3.78
	28.35	1:01.19	1:33.85	2:07.38			
2:07.51S	P Alex Mc Lelland-Maher			KILK	8	---	-3.65
	27.87	59.86	1:33.81	2:07.51			
2:11.66S	F Jack Nolan-Whitney			KILK	13	---	---
	29.65	1:03.73	1:38.19	2:11.66			
2:11.78S	P Sean Scannell			KILK	14	---	3.89
	28.56	1:01.70	1:36.88	2:11.78			
2:13.37S	P Jack Nolan-Whitney			KILK	18	---	1.71
	29.32	1:03.18	1:38.37	2:13.37			
2:14.63S	F Brogan Mc Aviney			KILK	15	---	-2.14
	30.38	1:04.86	1:39.53	2:14.63			
2:15.34S	P Brogan Mc Aviney			KILK	20	---	-1.43
	29.64	1:03.88	1:38.76	2:15.34			
2:24.43S	P Conor Johnson			KILK	27	---	0.26
	31.09	1:06.86	1:45.91	2:24.43			
<b>Event # 8 Female 200 Fly Senior</b>							
2:30.36S	F Lucy Harte			KILK	10	---	-2.23
	34.09	1:12.76	1:51.11	2:30.36			
2:32.48S	P Lucy Harte			KILK	9	---	-0.11
	33.49	1:12.52	1:52.10	2:32.48			
2:39.95S	P Caoimhe Daly			KILK	21	---	-0.66
	34.00	1:13.35	1:56.12	2:39.95			
2:40.17S	P Teddy Cousins-Bolger			KILK	22	---	-0.46
	36.30	1:17.26	1:58.79	2:40.17			
<b>Event # 11 Male 200 Free Relay Senior</b>							
1:41.73S	F A Relay	Kilkenny Swimming Club		KILK	8	---	
	Teige Powell (15)	Brogan Mc Aviney (15)	Conor Johnson (14)	Aidan Cook (14)			
	25.87	50.76	1:16.82	1:41.73			
1:42.05S	P A Relay	Kilkenny Swimming Club		KILK	9	---	
	Teige Powell (15)	Brogan Mc Aviney (15)	Conor Johnson (14)	Aidan Cook (14)			
	25.81	50.57	1:16.50	1:42.05			
<b>Event # 11 Male 200 Free Relay Senior - Lead-Off Legs ( 50 Free )</b>							
25.81S	P Teige Powell			KILK	---	---	-0.53
25.87S	F Teige Powell			KILK	---	---	-0.47

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Time	F/P/S	Relay			Place	Points	Improv
<b>Event # 12 Female 200 Free Relay Senior</b>							
1:48.18S	F	A Relay	Kilkenny Swimming Club	KILK	3	---	
			Niamh Ahearne (15)				Naomi Trait (15)
		26.91	54.27	1:22.15	1:48.18		Lucy Harte (15)
1:50.12S	P	A Relay	Kilkenny Swimming Club	KILK	4	---	
			Niamh Ahearne (15)				Naomi Trait (15)
		26.96	54.61	1:23.01	1:50.12		Lucy Harte (15)
2:01.01S	P	B Relay	Kilkenny Swimming Club	KILK	16	---	
			Teddy Cousins-Bolger (14)				Rachel Vaughan (16)
		30.32	1:01.85	1:32.41	2:01.01		Abi Cullen (13)
<b>Event # 12 Female 200 Free Relay Senior - Lead-Off Legs ( 50 Free )</b>							
26.91S		F	Maria Godden	KILK	---	---	0.29
26.96S		P	Maria Godden	KILK	---	---	0.34
30.32S		P	Eleanor Godden	KILK	---	---	-1.27
<b>Event # 14 Female 400 IM Senior</b>							
5:12.19S		F	Rachel Vaughan	KILK	10	---	-5.94
		33.48	1:11.77	1:50.41	2:29.64		
		3:13.49	3:58.89	4:36.25	5:12.19		
5:16.25S		P	Rachel Vaughan	KILK	11	---	-1.88
		32.86	1:10.73	1:49.95	2:29.43		
		3:14.35	4:00.73	4:39.51	5:16.25		
<b>Event # 15 Male 100 Free Senior</b>							
49.26S		F	David Prendergast	KILK	3	---	0.09
		49.26					
49.49S		P	David Prendergast	KILK	2	---	0.32
		23.89	49.49				
55.16S		P	Brogan Mc Aviney	KILK	31	---	-1.36
		26.62	55.16				
55.91S		P	Sean Scannell	KILK	37	---	0.54
		26.96	55.91				
56.38S		P	Conor Johnson	KILK	41	---	-0.51
		27.38	56.38				
57.72S		P	Teige Powell	KILK	62	---	-0.76
		27.90	57.72				
59.33S		P	Colin Dragoi	KILK	83	---	---
		28.21	59.33				
NS		P	Aidan Cook	KILK	---	---	---

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Time	F/P/S Relay		Place	Points	Improv
<b>Event # 16 Female 100 Free Senior</b>					
56.38S	F Naomi Trait	KILK	3	---	-0.80
	27.27 56.38				
56.96S	F Maria Godden	KILK	5	---	-0.08
	27.66 56.96				
57.14S	P Maria Godden	KILK	3	---	0.10
	28.01 57.14				
57.48S	P Naomi Trait	KILK	6	---	0.30
	27.64 57.48				
1:00.42S	P Niamh Ahearne	KILK	30	---	-0.21
	28.72 1:00.42				
1:02.24S	P Lucy Harte	KILK	47	---	-0.13
	29.65 1:02.24				
<b>Event # 17 Male 100 Breast Senior</b>					
1:06.56S	F Alex Mc Lelland-Maher	KILK	16	---	-1.50
	31.68 1:06.56				
1:06.93S	P Alex Mc Lelland-Maher	KILK	14	---	-1.13
	31.72 1:06.93				
1:08.85S	P Christopher Carew	KILK	22	---	-0.10
	31.55 1:08.85				
1:12.89S	P Teige Powell	KILK	31	---	0.42
	34.86 1:12.89				
<b>Event # 18 Female 100 Breast Senior</b>					
1:18.36S	P Niamh Ahearne	KILK	27	---	-0.48
	36.90 1:18.36				
1:21.24S	P Louise Mc Inerney	KILK	50	---	-1.05
	38.74 1:21.24				
<b>Event # 20 Male 50 Fly Senior</b>					
26.09S	P Alex Mc Lelland-Maher	KILK	10	---	-0.44
26.46S	F Alex Mc Lelland-Maher	KILK	11	---	-0.07
26.56S	F Jack Nolan-Whitney	KILK	14	---	-0.64
26.86S	P Jack Nolan-Whitney	KILK	17	---	-0.34
26.91S	P Sean Scannell	KILK	19	---	-0.02
28.02S	P Brogan Mc Aviney	KILK	25	---	0.36
NS	P Aidan Cook	KILK	---	---	---
<b>Event # 21 Female 50 Fly Senior</b>					
30.48S	P Caoimhe Daly	KILK	22	---	-0.40
30.77S	P Lucy Harte	KILK	31	---	-0.41

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Time	F/P/S Relay	Place	Points	Improv
<b>Event # 22 Mixed 200 Free Relay Senior</b>				
1:50.67S	P B Relay Kilkenny Swimming Club	KILK	18	---
	Jack Nolan-Whitney (17) Christopher Carew (19)	Teddy Cousins-Bolger (14)	Caoimhe Daly (15)	
	25.74 51.70 1:21.87 1:50.67			
1:52.87S	P A Relay Kilkenny Swimming Club	KILK	20	---
	Teige Powell (15) Colin Dragoi (16)	Eleanor Godden (14)	Abi Cullen (13)	
	25.91 53.02 1:22.71 1:52.87			
<b>Event # 22 Mixed 200 Free Relay Senior - Lead-Off Legs ( 50 Free )</b>				
25.74S	P Jack Nolan-Whitney	KILK	---	---
25.91S	P Teige Powell	KILK	---	-0.43
<b>Event # 23 Female 100 IM Senior</b>				
1:08.48S	F Niamh Ahearne	KILK	12	---
	31.47 1:08.48			-0.47
1:08.74S	P Niamh Ahearne	KILK	16	---
	30.90 1:08.74			-0.21
1:11.48S	P Caoimhe Daly	KILK	27	---
	32.22 1:11.48			-0.36
<b>Event # 24 Male 100 IM Senior</b>				
1:05.51S	P Aidan Cook	KILK	25	---
	29.87 1:05.51			-1.83
<b>Event # 25 Female 400 Free Senior</b>				
4:21.83S	F Naomi Trait	KILK	2	---
	30.06 1:03.34 1:36.56 2:10.12			-3.61
	2:43.31 3:16.46 3:49.30 4:21.83			
4:25.90S	P Naomi Trait	KILK	1	---
	29.24 1:01.11 1:34.36 2:08.83			0.46
	2:42.65 3:17.38 3:51.79 4:25.90			
<b>Event # 27 Female 100 Fly Senior</b>				
1:07.73S	P Lucy Harte	KILK	18	---
	32.46 1:07.73			-1.28
1:08.89S	P Caoimhe Daly	KILK	29	---
	32.88 1:08.89			1.72
1:13.26S	P Teddy Cousins-Bolger	KILK	59	---
	33.86 1:13.26			1.18
1:13.60S	P Abi Cullen	KILK	63	---
	34.26 1:13.60			-1.72

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Time	F/P/S Relay				Place	Points	Improv
<b>Event # 28 Male 100 Fly Senior</b>							
58.18S		P	Alex Mc Lelland-Maher	KILK	12	---	-0.36
	27.09		58.18				
58.18S		F	Alex Mc Lelland-Maher	KILK	12	---	-0.36
	27.68		58.18				
58.45S		F	Jack Nolan-Whitney	KILK	16	---	-0.85
	27.88		58.45				
58.58S		P	Jack Nolan-Whitney	KILK	15	---	-0.72
	27.01		58.58				
1:00.14S		P	Brogan Mc Aviney	KILK	28	---	-3.06
	28.31		1:00.14				
1:02.89S		P	Aidan Cook	KILK	42	---	-3.41
	29.30		1:02.89				
1:03.68S		P	Conor Johnson	KILK	49	---	-0.64
	29.25		1:03.68				
<b>Event # 29 Female 50 Breast Senior</b>							
35.05S		F	Rachel Vaughan	KILK	14	---	-0.32
35.21S		P	Rachel Vaughan	KILK	15	---	-0.16
38.52S		P	Louise Mc Inerney	KILK	52	---	0.16
<b>Event # 30 Male 50 Breast Senior</b>							
30.70S		P	Alex Mc Lelland-Maher	KILK	15	---	-0.08
30.89S		F	Alex Mc Lelland-Maher	KILK	15	---	0.11
32.92S		P	Teige Powell	KILK	26	---	-0.62
<b>Event # 31 Female 200 Back Senior</b>							
2:10.97S		P	Maria Godden	KILK	1	---	0.51
	30.68		1:03.21 1:36.50 2:10.97				
2:13.62S		F	Maria Godden	KILK	1	---	3.16
	30.75		1:03.39 1:37.70 2:13.62				
2:23.95S		P	Niamh Ahearne	KILK	12	---	2.77
	33.28		1:09.82 1:46.60 2:23.95				
2:25.67S		F	Niamh Ahearne	KILK	16	---	4.49
	32.83		1:09.31 1:47.02 2:25.67				
2:26.77S		P	Rachel Vaughan	KILK	22	---	-0.47
	33.80		1:10.57 1:48.48 2:26.77				
<b>Event # 32 Male 200 Back Senior</b>							
2:22.67S		P	Colin Dragoi	KILK	38	---	0.22
	33.41		1:09.75 1:45.94 2:22.67				

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Time	F/P/S	Relay			Place	Points	Improv
<b>Event # 33 Mixed 200 Medley Relay Senior</b>							
1:52.79S	P	A Relay	Kilkenny Swimming Club	KILK	5	---	
			Alex Mc Lelland-Maher (16)	Jack Nolan-Whitney (17)	Naomi Trait (15)		
		29.16	59.55	1:26.12	1:52.79		
1:54.03S	F	A Relay	Kilkenny Swimming Club	KILK	6	---	
			Alex Mc Lelland-Maher (16)	Jack Nolan-Whitney (17)	Naomi Trait (15)		
		29.82	1:00.68	1:27.54	1:54.03		
1:58.30S	P	B Relay	Kilkenny Swimming Club	KILK	14	---	
			Rachel Vaughan (16)	Brogan Mc Aviney (15)	Teige Powell (15)		
		30.43	1:05.39	1:32.72	1:58.30		
<b>Event # 33 Mixed 200 Medley Relay Senior - Lead-Off Legs ( 50 Back )</b>							
29.16S		P	Maria Godden	KILK	---	---	-0.03
29.82S		F	Maria Godden	KILK	---	---	0.63
30.43S		P	Niamh Ahearne	KILK	---	---	-0.34
<b>Event # 34 Female 200 Free Senior</b>							
2:01.62S		F	Naomi Trait	KILK	2	---	-2.22
		29.32	1:00.43	1:31.29	2:01.62		
2:03.28S		F	Maria Godden	KILK	4	---	1.32
		29.45	1:00.74	1:32.54	2:03.28		
2:05.06S		P	Maria Godden	KILK	3	---	3.10
		29.74	1:01.50	1:33.68	2:05.06		
2:05.15S		P	Naomi Trait	KILK	4	---	1.31
		28.99	1:00.17	1:32.29	2:05.15		
2:11.93S		P	Niamh Ahearne	KILK	27	---	-2.38
		30.44	1:03.55	1:37.51	2:11.93		
2:14.90S		P	Lucy Harte	KILK	41	---	-1.77
		31.45	1:05.02	1:39.59	2:14.90		
2:18.20S		P	Eleanor Godden	KILK	52	---	0.27
		32.72	1:08.09	1:43.69	2:18.20		
2:20.03S		P	Abi Cullen	KILK	61	---	3.20
		32.71	1:08.20	1:44.19	2:20.03		
<b>Event # 35 Male 200 Free Senior</b>							
1:48.58S		F	David Prendergast	KILK	4	---	-0.90
		25.38	52.37	1:20.22	1:48.58		
1:51.37S		P	David Prendergast	KILK	6	---	1.89
		25.40	53.12	1:21.75	1:51.37		
1:58.28S		P	Jack Nolan-Whitney	KILK	22	---	0.79
		27.30	57.12	1:27.73	1:58.28		
2:01.70S		P	Brogan Mc Aviney	KILK	30	---	-2.59
		28.95	1:00.03	1:30.66	2:01.70		
2:02.31S		P	Aidan Cook	KILK	33	---	0.81
		27.78	59.39	1:31.54	2:02.31		
2:03.57S		P	Conor Johnson	KILK	41	---	-0.57
		28.07	59.20	1:32.14	2:03.57		

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Time	F/P/S	Relay			Place	Points	Improv
<b>Event # 36 Female 50 Back Senior</b>							
29.39S	F	Maria Godden	KILK		3	---	0.20
29.69S	P	Maria Godden	KILK		4	---	0.50
30.83S	P	Niamh Ahearne	KILK		14	---	0.06
31.49S	F	Niamh Ahearne	KILK		14	---	0.72
<b>Event # 37 Male 50 Back Senior</b>							
31.20S	P	Colin Dragoi	KILK		46	---	-0.06
<b>Event # 38 Female 200 Breast Senior</b>							
2:55.64S	P	Louise Mc Inerney	KILK		38	---	-3.41
		39.71 1:24.41 2:10.34 2:55.64					
DQ	P	Rachel Vaughan	KILK		---	---	---
<b>Event # 39 Male 200 Breast Senior</b>							
2:26.59S	P	Alex Mc Lelland-Maher	KILK		7	---	-4.07
		32.91 1:10.57 1:48.64 2:26.59					
2:41.35S	P	Teige Powell	KILK		26	---	-5.28
		35.32 1:16.27 1:59.53 2:41.35					
<b>Event # 41 Female 200 Medley Relay Senior</b>							
1:59.55S	F	A Relay	Kilkenny Swimming Club	KILK	3	---	
			Maria Godden (16) Rachel Vaughan (16)	Caoimhe Daly (15)	Naomi Trait (15)		
		29.27	1:03.82 1:33.75 1:59.55				
2:01.46S	P	A Relay	Kilkenny Swimming Club	KILK	2	---	
			Maria Godden (16) Rachel Vaughan (16)	Lucy Harte (15)	Naomi Trait (15)		
		29.83	1:04.92 1:35.12 2:01.46				
2:08.50S	P	B Relay	Kilkenny Swimming Club	KILK	12	---	
			Niamh Ahearne (15) Louise Mc Inerney (14)		Eleanor Godden (14)		
		30.53	1:08.59 1:38.64 2:08.50				
<b>Event # 41 Female 200 Medley Relay Senior - Lead-Off Legs ( 50 Back )</b>							
29.27S	F	Maria Godden	KILK		---	---	0.08
29.83S	P	Maria Godden	KILK		---	---	0.64
30.53S	P	Niamh Ahearne	KILK		---	---	-0.24
<b>Event # 42 Male 200 Medley Relay Senior</b>							
1:53.15S	P	A Relay	Kilkenny Swimming Club	KILK	10	---	
			Colin Dragoi (16) Alex Mc Lelland-Maher (16)	Jack Nolan-Whitney (17)	Brogan Mc Aviney (15)		
		30.70	1:01.62 1:28.03 1:53.15				
<b>Event # 42 Male 200 Medley Relay Senior - Lead-Off Legs ( 50 Back )</b>							
30.70S	P	Colin Dragoi	KILK		---	---	-0.56