

Dear Club Secretary,

Enclosed please find entry details for the Leinster January Open Qualifying Gala (Long-Course; Level 3). This Gala is open to all swimmers registered with Swim Ireland or equivalent national swimming association.

<b>Venue</b>	National Aquatic Centre, Blanchardstown, Dublin 15	
<b>Format</b>	LONG COURSE	
<b>Time</b>	<p>Friday 18<sup>th</sup> January 2019</p> <p><u>Session 1:</u>                      warm up 5.00pm                      start 6.00pm</p> <p>Saturday 19<sup>th</sup> January 2019</p> <p><u>Session 2:</u>                      warm up 7.45am                      start 9.00am</p> <p><u>Session 3:</u>                      warm up 2.00pm                      start 3.00pm</p> <p>Sunday 20<sup>th</sup> January 2019</p> <p><u>Session 4:</u>                      warm up 7.45am                      start 9.00am</p> <p><u>Session 5:</u>                      warm up 2.00pm                      start 3.00pm</p>	
<b>Fee</b>	€7 per Individual Event	
<b>Payment</b>	<p><b>Cheques by post, made out to:</b>  <b>“Swim Ireland Leinster Region”</b>          Postal Address:          Leinster Treasurer          Leinster Region Swim Ireland          P.O. Box 12344          Drumcondra          Dublin 9</p>	<p><b>By Bank Transfer</b>  <b>Name of Account:</b>          “Swim Ireland Leinster Region”  <b>IBAN:</b>          IE59AIBK93251559772204  <b>BIC:</b>          AIBKIE2D</p>
	<p>If you are remitting the fees by cheque, please note the club and the name of the gala on the back. If transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer to confirm transfer at <a href="mailto:leinstertreasurer@swimireland.ie">leinstertreasurer@swimireland.ie</a>.</p> <p>As it may not be possible to accept all entries, fees due will be advised to clubs on final acceptance of entries.</p>	
<b>Eligibility</b>	<p>Only swimmers registered with Swim Ireland or equivalent national swimming association, <b>aged 10 or over</b>, are eligible to enter this gala. <b>Ages are Year of Birth; as of Dec 31st 2019</b>. Swimmers should have achieved the Consideration Times as indicated below. Entries with NT will be rejected.</p>	
<b>Entries</b>	<p>Gala Sec, Leinster Swimming. Entries, <b>on Hy-Tek only</b>. Entries should be emailed to <a href="mailto:leinstergalasecretary@swimireland.ie">leinstergalasecretary@swimireland.ie</a></p>	
<b>Entries by:</b>	<p><b>Sunday 6<sup>th</sup> January 2019</b>. Should pool time allow, <b>Late Entries</b> can be accepted from swimmers who achieve the Consideration Times below at the <b>Leinster Development Meet</b> on <b>Jan 13<sup>th</sup></b>. These <b>Late Entries</b> must be submitted on <b>Monday Jan 14<sup>th</sup></b>.</p>	
<b>Scratches</b>	<p>Scratches for this gala will close at <b>5pm</b> on Friday <b>January 18<sup>th</sup></b> for Sessions 1, 2 and 3 and <b>5pm</b> on Saturday <b>January 19<sup>th</sup></b> for Sessions 4 and 5. Scratches via email to <a href="mailto:leinstergalasecretary@swimireland.ie">leinstergalasecretary@swimireland.ie</a> or in person at the gala.</p>	

<b>Team Managers</b>	<i>Clubs must provide the name(s) of their Team Managers in advance of the Meet. The names should be emailed to <a href="mailto:leinstergalasecretary@swimireland.ie">leinstergalasecretary@swimireland.ie</a> by 5pm on Friday Jan 18<sup>th</sup> (closing time for scratches)</i>
<b>Officials</b>	<i>Clubs must provide officials in a ratio of one official to every four swimmers (this includes the senior gala officials). Different arrangements will apply to the rostering of officials for long distance events (800m, 1500m).</i>
<b>Heats</b>	<i>Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.</i>
<b>Swim Ireland Registration Number</b>	<i>A Swim Ireland registration number must be included with every entry. This number is the unique identifier of every swimmer in the national database. For non-Irish swimmers, a registration number with the relevant national swimming association should be provided.</i>
<b>Entry Name Protocols</b>	<i>The results from this Championship Meet will be added to the Swim Ireland and Leinster databases. To ensure that results get attributed correctly to swimmers, please ensure that the format of names within your Team Manager (or similar) database, and provided with entries, is as follows:  All those with a Mac/Mc surname need to have a space after the Mac/Mc (e.g. Mac Donald, Mc Carthy);  All those with an O need to be written as e.g. O'Donnell (no space before or after the apostrophe). This is irrespective of whether or not that is how the swimmer normally writes their name.</i>
<b>FINA</b>	<i>This gala will be run under FINA rules. In particular, please note that the regulations relating to FINA-approved swimsuits will be enforced.</i>
<b>Complaints</b>	<i>Clubs are reminded that the only club representatives who are permitted to enter a complaint or to otherwise approach the Referee, Meet Director or Gala Recorder are Coaches and Team Managers</i>
<b>Code of Conduct</b>	<i>It is a pre-condition to a swimmer being entered for a Leinster Region gala that all parents / guardians who attend and/or assume officiating duties (timekeeping etc) have consented to be subject to the SI Code of Conduct.</i>
<b>Data Protection</b>	<i>Leinster Region, Swim Ireland uses a computer database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on Leinster Region computer databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times and DQ codes. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results, Meet Mobile, etc).</i>
<b>Water</b>	<i>Please note that, as an environment-friendly measure, Leinster Swimming will no longer distribute bottles of water to timekeepers/officials, but will provide a water-cooler in the call-room. Timekeepers/officials/coaches are welcome to bring their own bottles and fill them from the water cooler as required.</i>

## **ORDER OF EVENTS**

### **Friday January 18<sup>th</sup> 2019**

#### **Session 1**

**Warm up 5.00 pm, Start 6.00pm**

- |   |       |                      |
|---|-------|----------------------|
| 1 | Mixed | 800m Free (6 Heats)  |
| 2 | Mixed | 1500m Free (3 Heats) |

### **Saturday January 19<sup>th</sup> 2019**

#### **Session 2**

**Warm up 7.45 am, Start 9.00am**

- |    |        |             |
|----|--------|-------------|
| 3  | Female | 400m Free   |
| 4  | Male   | 50m Fly     |
| 5  | Female | 50m Fly     |
| 6  | Male   | 200m Back   |
| 7  | Female | 200m Back   |
| 8  | Male   | 100m Breast |
| 9  | Female | 100m Breast |
| 10 | Male   | 200m IM     |

#### **Session 3**

**Warm up 2.00pm, Start 3.00pm**

- |    |        |            |
|----|--------|------------|
| 11 | Male   | 400m IM    |
| 12 | Female | 50m Breast |
| 13 | Male   | 50m Breast |
| 14 | Female | 200m Free  |
| 15 | Male   | 200m Free  |
| 16 | Female | 100m Fly   |
| 17 | Male   | 100m Fly   |
| 18 | Female | 200m IM    |

### **Sunday January 20<sup>th</sup> 2019**

#### **Session 4**

**Warm up 7.45 am, Start 9.00am**

- |    |        |             |
|----|--------|-------------|
| 19 | Male   | 400m Free   |
| 20 | Female | 50m Back    |
| 21 | Male   | 50m Back    |
| 22 | Female | 200m Breast |
| 23 | Male   | 200m Breast |
| 24 | Female | 100m Free   |
| 25 | Male   | 100m Free   |

#### **Session 5**

**Warm up 2.00pm, Start 3.00pm**

- |    |        |           |
|----|--------|-----------|
| 26 | Female | 400m IM   |
| 27 | Male   | 50m Free  |
| 28 | Female | 50m Free  |
| 29 | Male   | 200m Fly  |
| 30 | Female | 200m Fly  |
| 31 | Male   | 100m Back |
| 32 | Female | 100m Back |

## Leinster Open Qualifying Meet – January 2019

Open Qualifying Meet Consideration Times (LC times)								
Ages as of Dec 31 <sup>st</sup> 2019								
Male	10/11	12	13	14	15	16	17	18+
50FC	00:38.80	00:36.80	00:35.10	00:33.80	00:31.80	00:30.80	00:29.80	00:28.80
100FC	01:21.60	01:20.10	01:16.60	01:11.60	01:06.60	01:05.60	01:04.60	01:01.60
200FC	03:03.20	02:53.20	02:43.20	02:35.20	02:33.20	02:28.20	02:27.20	02:23.20
400FC	07:01.40	06:46.40	06:31.40	06:16.40	06:01.40	05:26.40	05:21.40	05:21.40
800FC	12:42.80	12:27.80	12:12.80	11:42.80	11:12.80	10:42.80	10:27.80	10:12.80
1500FC	23:54.00	23:24.00	22:54.00	21:54.00	21:24.00	20:54.00	20:24.00	19:54.00
50BC	00:48.60	00:45.60	00:44.60	00:44.10	00:42.60	00:42.60	00:41.60	00:40.60
100BC	01:37.20	01:34.20	01:33.20	01:29.70	01:27.50	01:27.20	01:26.20	01:23.20
200BC	03:24.40	03:20.40	03:17.40	03:09.40	03:02.40	02:57.40	02:52.40	02:52.40
50BS	00:56.00	00:53.00	00:51.00	00:49.00	00:47.00	00:47.00	00:45.00	00:44.00
100BS	01:52.00	01:49.00	01:46.00	01:43.00	01:35.50	01:35.50	01:34.00	01:33.00
200BS	04:14.00	03:59.00	03:47.00	03:33.00	03:29.00	03:25.00	03:22.00	03:22.00
50BF	00:48.70	00:46.10	00:45.70	00:45.20	00:44.70	00:44.20	00:43.70	00:43.20
100BF	01:56.40	01:51.40	01:49.40	01:46.40	01:36.40	01:29.40	01:25.40	01:22.40
200BF	04:37.80	04:22.80	04:07.80	03:52.80	03:47.80	03:45.80	03:43.80	03:43.80
200IM	03:33.20	03:23.20	03:15.20	03:07.20	02:58.20	02:53.20	02:48.20	02:43.20
400IM	07:51.40	07:36.40	07:16.40	06:56.40	06:46.40	06:36.40	06:31.40	06:31.40
Female	10/11	12	13	14	15	16	17	18+
50FC	00:38.30	00:35.80	00:34.80	00:33.80	00:32.80	00:32.30	00:32.00	00:31.80
100FC	01:21.60	01:17.60	01:14.10	01:11.60	01:10.10	01:09.60	01:09.10	01:08.60
200FC	03:03.20	02:53.20	02:43.20	02:38.20	02:33.20	02:31.20	02:28.20	02:26.20
400FC	07:01.40	06:46.40	06:31.40	06:21.40	06:06.40	05:46.40	05:31.40	05:26.40
800FC	13:12.80	12:57.80	12:42.80	12:27.80	12:12.80	11:57.80	11:42.80	11:27.80
1500FC	23:54.00	23:24.00	22:54.00	22:24.00	21:54.00	21:24.00	20:54.00	20:24.00
50BC	00:46.60	00:44.10	00:42.60	00:41.10	00:41.10	00:40.60	00:40.60	00:40.60
100BC	01:31.20	01:29.70	01:26.20	01:22.70	01:21.20	01:21.20	01:20.20	01:19.20
200BC	03:24.40	03:20.40	03:17.40	03:12.40	03:07.40	03:02.40	02:58.40	02:56.40
50BS	00:56.00	00:52.50	00:52.00	00:50.50	00:49.00	00:48.00	00:47.00	00:46.00
100BS	01:47.00	01:44.00	01:41.00	01:38.00	01:36.50	01:36.50	01:36.00	01:35.50
200BS	04:14.00	03:59.00	03:47.00	03:34.00	03:32.00	03:30.00	03:29.00	03:29.00
50BF	00:48.70	00:46.70	00:45.70	00:44.70	00:43.70	00:43.70	00:42.70	00:41.70
100BF	01:46.40	01:43.90	01:41.90	01:33.40	01:30.40	01:30.40	01:29.90	01:29.40
200BF	04:37.80	04:22.80	04:07.80	03:55.80	03:53.80	03:51.80	03:51.80	03:50.80
200IM	03:33.20	03:23.20	03:15.20	03:09.20	03:02.20	03:00.20	02:58.20	02:55.20
400IM	07:51.40	07:36.40	07:16.40	07:01.40	06:51.40	06:41.40	06:36.40	06:32.40

## Leinster Open Qualifying Meet – January 2019

Open Qualifying Meet Consideration Times (equivalent SC times)								
Ages as of Dec 31 <sup>st</sup> 2019								
Male	10/11	12	13	14	15	16	17	18+
50FC	00:38.00	00:36.00	00:34.30	00:33.00	00:31.00	00:30.00	00:29.00	00:28.00
100FC	01:20.00	01:18.50	01:15.00	01:10.00	01:05.00	01:04.00	01:03.00	01:00.00
200FC	03:00.00	02:50.00	02:40.00	02:32.00	02:30.00	02:25.00	02:24.00	02:20.00
400FC	06:55.00	06:40.00	06:25.00	06:10.00	05:55.00	05:20.00	05:15.00	05:15.00
800FC	12:30.00	12:15.00	12:00.00	11:30.00	11:00.00	10:30.00	10:15.00	10:00.00
1500FC	23:30.00	23:00.00	22:30.00	21:30.00	21:00.00	20:30.00	20:00.00	19:30.00
50BC	00:48.00	00:45.00	00:44.00	00:43.50	00:42.00	00:42.00	00:41.00	00:40.00
100BC	01:36.00	01:33.00	01:32.00	01:28.50	01:26.30	01:26.00	01:25.00	01:22.00
200BC	03:22.00	03:18.00	03:15.00	03:07.00	03:00.00	02:55.00	02:50.00	02:50.00
50BS	00:55.00	00:52.00	00:50.00	00:48.00	00:46.00	00:46.00	00:44.00	00:43.00
100BS	01:50.00	01:47.00	01:44.00	01:41.00	01:33.50	01:33.50	01:32.00	01:31.00
200BS	04:10.00	03:55.00	03:43.00	03:29.00	03:25.00	03:21.00	03:18.00	03:18.00
50BF	00:48.00	00:45.37	00:45.00	00:44.50	00:44.00	00:43.50	00:43.00	00:42.50
100BF	01:55.00	01:50.00	01:48.00	01:45.00	01:35.00	01:28.00	01:24.00	01:21.00
200BF	04:35.00	04:20.00	04:05.00	03:50.00	03:45.00	03:43.00	03:41.00	03:41.00
200IM	03:30.00	03:20.00	03:12.00	03:04.00	02:55.00	02:50.00	02:45.00	02:40.00
400IM	07:45.00	07:30.00	07:10.00	06:50.00	06:40.00	06:30.00	06:25.00	06:25.00
Female	10/11	12	13	14	15	16	17	18+
50FC	00:37.50	00:35.00	00:34.00	00:33.00	00:32.00	00:31.50	00:31.20	00:31.00
100FC	01:20.00	01:16.00	01:12.50	01:10.00	01:08.50	01:08.00	01:07.50	01:07.00
200FC	03:00.00	02:50.00	02:40.00	02:35.00	02:30.00	02:28.00	02:25.00	02:23.00
400FC	06:55.00	06:40.00	06:25.00	06:15.00	06:00.00	05:40.00	05:25.00	05:20.00
800FC	13:00.00	12:45.00	12:30.00	12:15.00	12:00.00	11:45.00	11:30.00	11:15.00
1500FC	23:30.00	23:00.00	22:30.00	22:00.00	21:30.00	21:00.00	20:30.00	20:00.00
50BC	00:46.00	00:43.50	00:42.00	00:40.50	00:40.50	00:40.00	00:40.00	00:40.00
100BC	01:30.00	01:28.50	01:25.00	01:21.50	01:20.00	01:20.00	01:19.00	01:18.00
200BC	03:22.00	03:18.00	03:15.00	03:10.00	03:05.00	03:00.00	02:56.00	02:54.00
50BS	00:55.00	00:51.50	00:51.00	00:49.50	00:48.00	00:47.00	00:46.00	00:45.00
100BS	01:45.00	01:42.00	01:39.00	01:36.00	01:34.50	01:34.50	01:34.00	01:33.50
200BS	04:10.00	03:55.00	03:43.00	03:30.30	03:28.00	03:26.00	03:25.00	03:25.00
50BF	00:48.00	00:46.00	00:45.00	00:44.00	00:43.00	00:43.00	00:42.00	00:41.00
100BF	01:45.00	01:42.50	01:40.50	01:32.00	01:29.00	01:29.00	01:28.50	01:28.00
200BF	04:35.00	04:20.00	04:05.00	03:53.00	03:51.00	03:49.00	03:49.00	03:48.00
200IM	03:30.00	03:20.00	03:12.00	03:06.00	02:59.00	02:57.00	02:55.00	02:52.00
400IM	07:45.00	07:30.00	07:10.00	06:55.00	06:45.00	06:35.00	06:30.00	06:26.00