



Irish Open Swimming Championships
National Aquatic Centre, Dublin
30th April – 3rd May, 2015

MEET CONDITIONS

This competition is a FINA Approved Meet where swimmers can achieve the FINA "A" and "B" Swimming Qualifying Standard Times for the 2016 Olympic Games

Meet Location:	National Aquatic Centre, Dublin	
Pool Specifications:	50 metre, 10 lane, indoor competition pool with wave-breaker lane ropes. Warm-up/swim-down pool also available during the meet.	
Meet Type:	Open National Championships, 50m Senior Meet. There will be semi finals for all 50m and 100m; A and B finals for 200m and 400m individual events. The 800m and 1500m events will be Timed Finals with the fastest heat swimming in the finals session	
Session Times:	Session 1: Thursday 30 th April Warm-up 8.00am; Competition 9.45am Session 2: Thursday 30 th April Warm-up 4.15pm; Competition 5.30pm Session 3: Friday 1 st May Warm-up 8.00am; Competition 9.45am Session 4: Friday 1 st May Warm-up 4.15pm; Competition 5.30pm	Session 5: Saturday 2 nd May Warm-up 8.00am; Competition 9.45am Session 6: Saturday 2 nd May Warm-up 4.15pm; Competition 5.30pm Session 7: Sunday 3 rd May Warm-up 8.00am; Competition 9.45am Session 8: Sunday 3 rd May Warm-up 3.15pm; Competition 4.30pm
Entry Limit:	There will be no entry limit for this event however there will be a maximum of 4 foreign swimmers permitted to swim in each final (A & B final where applicable).	
Technical Meeting:	Technical meeting will take place on Wednesday 29 th April, time and location TBC. Attendance at this meeting is mandatory. Each club must be represented by one or more delegates. A club (not a delegate) attending the meeting may also represent a maximum of one additional club. Any such representation must be declared in writing at the meeting. The representative is authorised to make withdrawals. A fine of €100 will be issued to clubs who fail to attend or are not represented at this meeting.	
Entry Form:	Electronic Hy-tek entries are accepted via Hy-tek to the Swim Ireland Office at entries@swimireland.ie Paper entries should be posted to the Swim Ireland Office at Irish Sport HQ, National Sports Campus, Blanchardstown, Dublin 15, Ireland marked "2015 IRISH OPEN SWIMMING CHAMPIONSHIPS". <i>If entries are made by Hy-tek it is not necessary to post entry forms.</i>	
Entry Deadline:	Tuesday 31 st March, 2014 for ALL entries. Payments should be received by Friday 3 rd April	
Entry Fees:	Individual entries cost €8.00 per event. Relay entries cost €32.00 per event. No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet.	
Distance Events:	800m & 1500m Freestyle events will be Timed Finals with the Fastest Heat swimming in the finals session.	
Relay Entries:	Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team. The swimmers may change between heats and finals. All competing swimmers must be entered in the meet (<i>even if they are not swimming in individual events</i>). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.	
Distance Events:	800m & 1500m Freestyle events will be Timed Finals with the Fastest Heat swimming in the finals session.	

**KKSC ENTRIES DEADLINE SATURDAY 28 MARCH
NO LATE ENTRIES ACCEPTED
NO ENTRIES WITHOUT PAYMENT
NOTE THE QUALIFICATION STANDARDS**

**PLACE ENTRY FORM WITH PAYMENT IN CLUB BOX
BY DEADLINE**



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ORDER OF EVENTS

Session 1: Thursday 30th April			Session 2: Thursday 30th April		
1	M	50m Breaststroke	11	M	1500m Freestyle (Fastest Heat)
2	W	50m Breaststroke	12	W	800m Freestyle (Fastest Heat)
3	M	200m Freestyle	1	M	Semi-Finals 50m Breaststroke
4	W	200m Freestyle	2	W	Semi-Finals 50m Breaststroke
5	M	100m Backstroke	5	M	Semi-Finals 100m Backstroke
6	W	100m Backstroke	6	W	Semi-Finals 100m Backstroke
7	M	200m Butterfly	3	M	B & A Final 200m Freestyle
8	W	200m Butterfly	4	W	B & A Final 200m Freestyle
9	M	4x100m FTR	7	M	B & A Final 200m Butterfly
10	W	4x100m FTR	8	W	B & A Final 200m Butterfly
11	M	1500m Freestyle (Slower heats)	1	M	Final 50m Breaststroke
12	W	800m Freestyle (Slower heats)	2	W	Final 50m Breaststroke
			9	M	4x100m FTR
			10	W	4x100m FTR
Session 3: Friday 1st May			Session 4: Friday 1st May		
13	M	100m Freestyle	19	M	Semi-Finals 50m Butterfly
14	W	100m Freestyle	20	W	Semi-Finals 50m Butterfly
15	M	100m Breaststroke	13	M	Semi-Finals 100m Freestyle
16	W	100m Breaststroke	14	W	Semi-Finals 100m Freestyle
17	M	400m Individual Medley	15	M	Semi-Finals 100m Breaststroke
18	W	400m Individual Medley	16	W	Semi-Finals 100m Breaststroke
19	M	50m Butterfly	17	M	B & A Final 400m Individual Medley
20	W	50m Butterfly	18	W	B & A Final 400m Individual Medley
21	M	4x200m FTR	5	M	Final 100m Backstroke
22	W	4x200m FTR	6	W	Final 100m Backstroke
			19	M	Final 50m Butterfly
			20	W	Final 50m Butterfly
			21	M	Final 4x200m FTR
			22	W	Final 4x200m FTR



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Session 5: Saturday 2 nd May			Session 6: Saturday 2 nd May		
23	W	400m Freestyle	14	W	Final 100m Freestyle
24	M	400m Freestyle	13	M	Final 100m Freestyle
25	W	100m Butterfly	16	W	Final 100m Breaststroke
26	M	100m Butterfly	15	M	Final 100m Breaststroke
27	W	200m Backstroke	23	W	B & A Final 400m Freestyle
28	M	200m Backstroke	24	M	B & A Final 400m Freestyle
29	W	4x100m MTR	25	W	Semi-Finals 100m Butterfly
30	M	4x100m MTR	26	M	Semi-Finals 100m Butterfly
			27	W	B & A Final 200m Backstroke
			28	M	B & A Final 200m Backstroke
			29	W	Final 4x100m MTR
			30	M	Final 4x100m MTR
Session 7: Sunday 3 rd May			Session 8: Sunday 3 rd May		
31	W	200m Individual Medley	33	W	Semi-Finals 50m Backstroke
32	M	200m Individual Medley	34	M	Semi-Finals 50m Backstroke
33	W	50m Backstroke	39	W	1500m Freestyle (Fastest Heat)
34	M	50m Backstroke	38	M	Semi-Finals 50m Freestyle
35	W	50m Freestyle	37	W	Semi-Finals 50m Freestyle
36	M	50m Freestyle	40	M	800m Freestyle (Fastest Heat)
37	W	200m Breaststroke	35	W	B & A Final 200m Individual Medley
38	M	200m Breaststroke	36	M	B & A Final 200m Individual Medley
39	W	1500m Freestyle (Slower heats)	39	W	B & A Final 200m Breaststroke
40	M	800m Freestyle (Slower heats)	40	M	B & A Final 200m Breaststroke
			25	W	Final 50m Backstroke
			26	M	Final 50m Backstroke
			25	W	Final 100m Butterfly
			26	M	Final 100m Butterfly
			37	W	Final 50m Freestyle
			38	M	Final 50m Freestyle



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QUALIFICATION STANDARDS

Male		Event	Female	
SC	LC		LC	SC
25.84	26.36	50 Freestyle	29.36	28.78
56.03	57.15	100 Freestyle	1.04.10	1.02.84
2.04.45	2.06.94	200 Freestyle	2.19.48	2.16.75
4.30.34	4.35.75	400 Freestyle	4.55.80	4.50.00
9.30.00	9.41.24	800 Freestyle	9.59.18	9.47.43
17.43.63	18.04.90	1500 Freestyle	19.25.01	19.15.00
29.53	30.12	50 Backstroke	34.36	33.69
1.05.16	1.06.46	100 Backstroke	1.13.13	1.11.70
2.22.16	2.25.00	200 Backstroke	2.37.61	2.34.52
32.10	32.74	50 Breaststroke	38.37	37.62
1.12.61	1.14.06	100 Breaststroke	1.23.21	1.21.58
2.43.05	2.46.31	200 Breaststroke	3.01.09	2.57.54
27.65	28.20	50 Butterfly	31.45	30.83
1.02.00	1.03.24	100 Butterfly	1.10.50	1.09.12
2.22.65	2.25.50	200 Butterfly	2.35.23	2.32.19
2.20.70	2.23.51	200 I.M.	2.36.12	2.33.06
4.57.78	5.03.74	400 I.M.	5.35.10	5.28.53